

The seven keys

to the friendly takeover of the planet by its inhabitants

an essay by

Harald Kautz

English translation by

Monique Glibert

Introduction

The world we live in appears “normal” just because we got used to it. If we broaden our perspective and look at our origins, we might find out that hardly any of the things we are experiencing is vibrant, natural, loving, healthy, intelligent and constructive. It can rather be a case made for observing its opposite: it is highly subconscious, directed, cruel, self-destructive, stupid and detached – and if we would not be so numb, if we wouldn’t be so unwilling or unable to feel compassion, then we would see that we created a hell on earth for all those beings who still do feel. I can imagine that this might sound a bit weird for those who simply commit themselves to the lives they live. Personally, I speak out from the perspective of a Human, who dedicated and still dedicates his life to rediscovering our original nature – and I compare things against the background of this experience. No more, no less.

We are partly responsible for this condition in the sense that only we, can respond to the question “what for?” Only we, can learn our life lesson and shift our focus into a different direction. It is only partly our guilt, and I say this explicitly for those who are committed to the concept of guilt, i.e. for those who rather ask about the “why?” instead of the “what for?”

What happened to humanity? Why don’t we participate in the flow of love innate to nature; why don’t we feel the pain we cause in others. The plot routs deep into the past, back to the expulsion from paradise and even further down in time. As far as I could apprehend the issue, the source of this questionable development is a well thought external influence. It penetrated our planetary sphere, our culture in such a subtle way, that everything always looked normal to us. And this still happens today. The poison is spreading following the concept of “creating a problem and offering the solution for it”, while the protagonists creating the problems stay in the shadow. And our solutions, welcomed by us, always contain a new poison, which creates the next problem. It is about time to understand the plot behind this, and choose a different path.

The seven Trojan Horses, which gained access to our human culture and directed our development, cannot be exposed and dissembled one by one. They are interwoven, in other words, they stabilize each other. In essence, they are what we perceived as the solutions, and thus as being constructive. To this intent, within the course of the following chapters, I wish to present to you the complete list in chronological order in a manner that enables you to understand the overall concept, unmask this darkness camouflaged in light in one piece, and exit by letting go of it.

Tapping into these insights is not an easy task. It requires a certain readiness to allow for the possibility that we all have been fooled. It requires a willingness and a discipline to question and discard habits, say goodbye to cherished beliefs. To admit with enough magnanimity that things done with good intent might have followed evil patterns to begin with. And it requires the power to let go of people who do not want to let these insights come to them, even if they are close to you.

All this is an inner work. Attempts to heal the existing social instances or even individual people on the outside, in my personal experience mostly turn out to be a pure waste of energy. Such attempts all too often lead to battlefields that have been created just for this sole purpose – a place where we are wearing ourselves out and losing ourselves. On these battlefields, the

saviour transits through the role of martyrdom only to become himself the victim – a well-calculated move in a fully controlled field. There is no solution on the outside. There is no real breathing life in a forgery.

Out of the perspective of the spiritual realm, in which we create the world by "experiencing" it, there is no change in the projections of a quality, unless the change is in the quality of the projector, of its origin, of the inside, within oneself. The only thing we can do, – if we want to break this Gordian knot, – is to abandon all habits, to terminate all contracts, to detach ourselves from all dependencies. And only then, would we be enabled to see the damage we have already suffered personally and heal ourselves – who are the fundamental sources of this projection called the world. Healing means becoming fully aware of oneself. Healing means again participating in the stream of love that flows through nature. Healing also means feeling the pain of others. Healing means transforming the phrase "I'm sorry" from an "after-phrased phrase" back to an alive protective mechanism of empathy, that best seizes us before anyone else is seriously harmed.

The radiance that springs from a self-healing position is without comparison. This form of self-cure and its subsequent fertility can be found in the work of very few people, persons such as Victor Schaubeger, Rudolf Steiner and Wilhelm Reich. When we look at the lives and the subsequent history of reception of such men and their teachings, it becomes clear why there is no real breathing life in a forgery, because the decisive factor is not in the reproducible knowledge, but in the awakening itself, something that can only be initiated by inspiration, if at all, and then is the result of a consistent work on oneself.

So back to every single individual. To me. To you. Such a re-examination leads into a completely new territory. But to reach to such a quality level we do not need to reinvent ourselves. I am writing this for all those who are afraid of the responsibility involved. We just have to "find our individual self". Real healing transforms the darkness; we become aware of the unconsciousness that we live, and ultimately, this opens up our personal pool of experience. It is enough to find our True Self, and through this means, all those things we learned on a deeper level. In such a manner we know our place and know what is the right thing to do. Simply on the basis of this refined experience, our desire and the right thing will become one and the same. Then, there is no powerless "what should I do?" Furthermore, only remains the expression of the divine aspect in us, which we brought to purity through our lives, and through an alchemic transformation of the inhabiting darkness in our beings.

When we go through these inner steps, things become clearer, lighter and more powerful at the same time. I want to reach that point, so I go step by step. I would like to invite you from my own heart to come to this point from your own initiative.

But first, it's about bringing the illumination into this darkness in disguise where we lost ourselves in. This concerns, as far as I can help you, the purely mental knowledge and the passing on of the techniques, which worked for me. The task and duty to integrate this into the entirety of your being, remains yours.

To begin with, I would like to highlight the following aspects.

Content

1. Trauma and free will.....	5
2. The ego and its projections into the world.....	17
3. Moral and mortal sin.....	24
4. Secularization and rationalism.....	34
5. Money games.....	37
6. Power games.....	42
7. Malnutrition and transhumanism.....	51

1. Trauma and free will

"[...] a vital discrepancy experience between threatening situation factors and the individual coping possibilities, which is accompanied by feelings of helplessness and unprotected abandonment and thus causes a lasting shock of the self-awareness and the understanding of the world."

Trauma definition by Fischer and Riedesser, Lehrbuch der Psychotraumatologie

Our Free Will, in the way we know and live it today, is, to my knowledge, not an achievement of evolution. It appears to me as part of an emergency program, which was activated by a severe trauma. We know this event from mythology as our expulsion from Eden. At the moment, this emergency program is to ensure that the traumatizing event is repeated; just as in adulthood the victim of sexual abuse feels compelled to abuse his own children, so as a collective, we are following the compulsion to destroy our own planet. All this may sound confusing now. But this event we are re-staging is beyond our historical memory, beyond the history of humanity. From a higher point of view, this re-staging automatism built into our being is a good trait of our species, because only in the re-staging lies the chance to heal the "permanent shock of the self-awareness and an understanding of the world ". The jug is taken to the well until it breaks. As on a small scale, so on the entirety.

This view of our history is to be anchored on a scientific level in many different disciplines, such as here geology, mythology, biophysics as well as a few daily occurrences must also be taken into consideration. The evidence is meagre – it is not more than a handful of circumstantial evidence. Nevertheless, I would like to present it to you, because the emerging picture may contain a key to re-orienting the self, the world understanding, and to stop the threatening self-destruction of our species.

The digressions which follow in this chapter concern the expulsion from Paradise, and in this context, two types of Black Goo, an Earthly one and an extra-terrestrial one, as well as the "Arks", prehistoric artefacts of the "Ark of the Covenant" type. There is a geological event that according to kinesiological tests (of course only within the range of reliability of such tests) and other sources¹ can be dated at about 23.500 BC. At that time (or at some other time) the earth was hit by a swarm of meteors². The impact craters are distributed all over the entire globe. The meteorites consisted of a shell of red sandstone, in the core of which was a soapstone-like rock. From this core material, a black mineral oil-like liquid can be extracted³. The impact craters, from which the published mineralogical findings of sheath and core originated, are located in Paraguay, and with a degree of geographic uncertainty in southern Germany or Austria, too. The samples themselves come from Paraguay as well as from ore deposits in tunnels dating from the Nazi era. Reports (without samples) are available concerning finds from Australia. The black stones from the meteorite cores have a "magical" charisma. Some pieces change their colour when touched. Some days they glow in the dark (similar to the silicon from a computer processor) blue-violet, whereby their ability to "remember" the experienced touch in the form of the handprints becomes visible on the

¹ David Hetcher Childress: Vimana. Aircraft of Ancient Lemuria and Atlantis. Adventure Unlimited Press. Kempton Illinois USA 2004. S. 58.ff.

² There are many indications of a connection between this meteorite swarm and the sinking of Atlantis and the Lemurian island kingdom. Among them are scientific studies, such as: Dr. Barry M. Warmkessel: THE ATLANTIS CATASTROPHE. Plato Was Right. © Copyright: 19 Mar. 2014, update July 29 2015. Online unter <http://www.barry.warmkessel.com/ATLANTIS.html#d>.

³ Full article under <https://www.extremnews.com/berichte/wissenschaft/109414f143ec6ca>, or to the picture material directly on youtube under <https://www.youtube.com/watch?v=JnnbzcPPhM4>

© public domain, donations via paypal are welcome, for the author to kautzvella@gmail.com, for the translation to moniqueglibert@libello.com

glowing surface even months later. This goes as far as the visible properties can be observed. Subjectively, the meteorites seem directly perceptible to the consciousness. It is reported to have telepathically spoken to people, and they even seem to influence human instincts. These stones were, again, in the Stone Age worldwide, the centre of the early, then still matriarchal sacrificial cults⁴. They retained their central role in the later patriarchal cultures, leaving traces in myth under different names, Benben (Egypt), Shiva Lingam (Hinduism), Omphalos (Greece) and Baetylus⁵ (Rome).⁶ They were the whirling and focal points for the Templar sub-order "The Lords of the Black Stone" as well as for the Collaborative Research Centre of the Waffen SS under Hans Kammler⁷. Today, fragments of these stones can be found both in the Blessed Sacrament in Mecca and in the service of the Catholic Church. What all of these meteor-centred cults, from the Stone Age to the present day, have in common is that they are blood and fire sacrificial cults; that is, black magic cults centring on the creation and instrumentalization of pain and death. This is more evident in the Islamic culture, in which the ritual slaughtering's are sometimes still carried out with a regard towards Mecca, with the eyes of the animals looking in the geographic direction of the Black Stone in the Kaaba when killed. This does not concern the church? Remember the cult of crucifixion, this instrumentalization of pain, the symbolism of the host, (think of the witch burnings, as an offering by fire), and also the worn symbols, such as the Pope's hat, which are the symbols of Saturn, as in all Black Magic sacrificial cults. And those who are informed in alternative media certainly also know about some ritual abuse and infanticide practiced by some cardinals, and as recently went public, popes.

It is an elephant in the room. Millions of believers practice their "world religion" with the intention of turning to love and good, but no one sees that in reality they practice black magic rites. Looking that elephant in the eyes hurts. This realisation violates a certain religious code of honour. I am really sorry for that. But if we want to survive, we have to look that elephant straight into the eyes and push it aside.

This oil, extractable from this extra-terrestrial oilstone, has a mineralogical equivalent in our earth geology. The earth variant is the so-called Black Goo, with known deposits in the Thule Island (Falkland)⁸, as a portion of the released oil in the Deep Water Horizon catastrophe in the Gulf of Mexico⁹, and as a so-called "non-refinable oil" from oil wells in Iran¹⁰. From all three sites it is reported that the encounter with the earthly black goo has severe psychological effects, which ended for the "subjects" in the medium term, either with their suicide, or with a voluntary back link to an earthly planetary collective consciousness¹¹. In the case of connectivity, the "subjects" reported that they could telepathically communicate with the planetary consciousness of the Earth during, and after their encounter with the Black Goo, and this consciousness was universally described as harsh, but maternally affectionate. Most of

⁴ Heinrich Kusch: Geheimnisvolle, riesige, prähistorische Gangsysteme in der Steiermark. Online under <https://www.youtube.com/watch?v=MglvrMTtdF0> AB Minute 22:22.

⁵ Comparison: <https://en.wikipedia.org/wiki/Baetylus>

⁶ Comparison: <https://divineabodenevents.wordpress.com/2013/01/28/primitive-hill-avel-of-the-world-axis-mundi-house-of-god-or-the-shivling/>

⁷ There are many SS artefacts handed down by the heirs, in which these stones are processed as paperweights or balance weights in knife handles.

⁸ Bases 17 ET Connection with Falklands War Parts One and Two 2nd Edition. Online under https://www.youtube.com/watch?list=PL3ZLFYWSWQOqt-Y_sCwIPIJhQPSa_hfke&v=BCJSKhtTtC0

⁹ Military Emergency in the Gulf of Mexico. Nexus Magazine AUGUST – SEPTEMBER 2010, S. 27ff.

¹⁰ Private testimonial second-hand.

¹¹ Bases 17 ET Connection with Falklands War Parts One and Two 2nd Edition. Online unter https://www.youtube.com/watch?list=PL3ZLFYWSWQOqt-Y_sCwIPIJhQPSa_hfke&v=BCJSKhtTtC0

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

these experiences and research are difficult to access as they took place in a military sphere of influence. The only civil university which, to my knowledge, is currently researching these Black Goo features is the University of Warsaw¹². Also, from Warsaw I heard over corners of a telepathic communication with a loving, planetary consciousness.

Certain chemical derivatives from this substance, called Black Goo, are also found on some walls in the caves of young mountain massifs, where they are called mumijo or shialite, and are harvested for their use by folk medicine. This geological formation in caves of ascending massifs suggests that this substance may be a remaining fraction of the filling of so-called leylines, filtered through the rock. Leylines, underground lines of force detected by sensitive people with dowsing rods, would theoretically be sheared tectonically in ascending massifs. If they have a liquid content, this content would then, be filtered by the pressure of the surrounding rock masses through porous rock, and ultimately appear on the surface or sweated out on cave walls.

The laboratory has shown that the liquid black goo which was extracted from the meteors (if permitted to move freely) can self-organize and up-concentrate, to finally self-assemble into liquid crystals, all through a form of magnetism unknown to science. That means a selective up-concentration of such a substance in oil fields or water veins in the rock is in the range of physical plausibility.

The creation-process of this consciousness-bearing oil has been reconstructed in the laboratory¹³. It is produced by transmutation in micro-cavitation fields in CO₂-saturated water vortices.

All these occur naturally: the micro-cavitation fields occur in ascending, CO₂-saturated, juvenile¹⁴ water, where the cavitation fields form behind a narrowing of water veins by the experienced deceleration and depressurization. In other words, it happens behind natural Venturi nozzles. The high concentrations of fulvic and humic acid as well as M-state metals¹⁵ in oil produced in the laboratory coincides very well with the analyses of mumijo or shialite. I go into so much detail here, because we cannot look into the Earth, therefore we are not in the position to present proof. Therefore, the only option is to see if the formulated hypotheses are coherent and consistent with biochemical laboratory findings.

Regarding all this, it would be possible to call the network of Earth's Black Goo-filled leylines the "brain" of the planet. This network seems to contain a collective, planetary holographic consciousness, and represents the source of the morphogenetic blueprints of all species and all instincts to the earth biosphere. Although this may sound "exotic", it makes perfect scientific sense. The only two differences between the biophysics of the Black Goos and the biophysics of human and animal consciousness is that: First, the M-state cluster in the

¹² This information is from Dieter Broers.

¹³ The company EGM in Papenburg is working on the synthesis of oil from water through transmutation, the research facility can produce up to 360 liters per hour. This information is secured for me, as I was in the company appraiser for certification of the procedure and had full access to all parts of the machine.

¹⁴ Water from the mantle, not from rain reservoirs.

¹⁵ M-state is another physical state of matter. The best-known element which often is in the m-state state, is gold, we know it as alchemical gold, ormus or manna. M-state matter is mono- or di-atomic, depending on whether the element has an atomic or even atomic number, no chemical bonds occur because the valence electrons are in an extinguished state, and it loses mass when heated until it becomes 70 ° out of this reality and becomes invisible. M-state elements are SPPC-capable (self-pumped phase-conjugation-application) and serve as photon attractors in biology and in quantum computers.

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

biosphere is more distant than the M-state cluster in the Black Goo, and secondly, the M-state atoms in the biosphere need the enveloping DNA as antennas to span fields of consciousness over these greater distances, while the M-state-matter in Black Goo is embedded in carbon nano tubes, so called fullerenes. Carbon is an all-conductor, while DNA filters out specific frequencies. This works in such a way that the DNA antennas, according to their structure, filter out the respective aspect of the collective field. This creates the morphogenesis of the species for which the DNA is responsible.

If this understanding is correct, then it is reasonable to assume that the meteor rocks which are the source of black magic are issued of an extra-terrestrial planetary consciousness; in other words, bordering the remnants of such consciousness. The term "degenerate planetary spirit" has come to be used internally. This would be the first puzzle piece; the Black Goo.

At some point in time, before the meteorites hit, a bunch of Arks appeared on Earth. The best known is described in the biblical context as the Ark of the Covenant. In fact, to my knowledge, four artefacts of this kind are known: the Jewish Ark¹⁷, the Irish Ark¹⁸ (still buried in London), the Ark of Gabriel¹⁹ (excavated in 2016 in Mecca, since then, under Russian Administration in the Antarctic), as well as the now lost Pandora's box. According to Greek mythology, the Pandora's box is said to have contained all the horrors of the world.

The available laity's knowledge of the ark is more than unsatisfactory. Very few people know that there is more than one artefact. For many, even the Jewish Ark is no more than a myth.

Myths do not have a half-baked reputation for nothing. For where it seems possible to derive knowledge from mythology, we usually have to do with innumerable versions of one and the same archetypes. These have experienced their very own developments in the different cultural circles. The names of the protagonists have usually been changed, with other aspects of the plot in the centre. The stories themselves are in their core only recognizable with difficulty. The biggest problem with evaluating any myth is their translations. Unaware of the actual events, many terms were simply misinterpreted or misleadingly translated. If I could correctly grasp it all, then in the myth of the "Ark of the Covenant", in the Jewish tradition, a star-pyramid of quartz programmed at the information field level became two tablets of stone with engraved commandments. This was due to the incorrect translation of the mirror symmetry²⁰ of the crystal, and the misinterpretation of the programming as an "engraving". In Greek tradition, due to the memory function of the crystal, the term used metaphorically was a transport amphora traditionally used in the seafaring. In parallel, the informational content is transmitted with "All the horrors of the world" in its emotional quality. And, in later translations, the crystal becomes an "earthen pitcher", through the metaphor of a used

¹⁷ It has actually been found, but the political conditions in the country are currently such that publication of the find would not be helpful. I am therefore obliged to source protection.

¹⁸ The information comes first hand. I have visited the alleged depository aboveground. During this visit, someone with the technical abilities was induced to bring in a "vision" in which I had been involved in burying the ark in a past life. This individual may have been found among the Blue Avians (extraterrestrial humanoid bird breed) who allegedly were logistically accompanying the entire operation. The architectural details of the still sealed entrances to the underground tunnels then turned out to be identical to this vision, at least suggesting that the whole story has an unclear core.

¹⁹ Comparison: <http://yournewswire.com/patriarch-kirill-performs-bizarre-ritual-in-antarctica-over-ark-of-gabriel/>

²⁰ Semitic languages have a peculiar entanglement in mathematics in their grammar. While the Indo-European languages know only singular and plural, the Semitic languages differ grammatically between singular, couple and plural. The grammatical form for the "pair" then yields word meanings that describe all that is to be found in pairs and in mirror symmetry. Examples from modern Hebrew would be shoes, pants, eyes, hands, twins, etc.

© public domain, donations via paypal are welcome, for the author to kautzella@gmail.com, for the translation to moniqueglibert@libello.com

transport amphora. The fact that this is one and the same or two similar artefacts from the same series is best recognized by the fact that both artefacts were kept in an acacia wood chest studded with gold sheet with probably identical dimensions.

This chaos has often caused clairvoyant portrayals to provide more accurate material than any experiments of a scientific approach to mythology.

In order to get a clear picture, one can only look for intersecting lines of meaning, hypotheses and check whether artefacts, traditions and remote perceptions suddenly gain a reality, – even if the individual lines in the strictly scientific sense contain no probative force. Only then, one recognizes certain probabilities:

- According to kinesiological tests, these Arks contain star tetrahedra or star pyramids²¹ cut out of rock crystal, craft-wise in “diamond quality”.
- In one session Edgar Cayce, arguably the most talented clairvoyant of the past century, described the Atlantean culture. He described star tetrahedrons and star pyramids made of rock crystal, which fulfilled a technical function in matching to the geometries of tri- and quadrangular pyramids. He described these crystals as the core technology of the Atlantic culture. One of these crystals, later known as the Crystal of Destiny, was said to have been brought to Egypt, others to England.
- With a replica of a quartz star tetrahedron it has been shown, that these crystals are self-charging biofield accumulators, i.e. are actively subtracting the energy from the collective consciousness fields and save it in the form of "scalar potential"²².
- If we attach importance to the rotational symmetry of the Chakra mandalas from the Vedic culture and compare them with the rotational symmetry of the crystals, so it would seem likely that the star pyramids load the binary right angle mental fields (180°/90° phase conjugate) and the right angle crossed fields from the base chakra (90° phase conjugate²³), meaning, those who are in resonance with instinct and earth

²¹ The symbolic, two-dimensional representation of star tetrahedron and star pyramid is the David star. Tracing the history of this symbol, one arrives at the Remphan Star, the symbol of Saturn, to which blood and burnt offerings have been offered since Babylonian times. comparisons: <https://en.wikipedia.org/wiki/Remphan>. However, Judaism's present significance dates back only to the 17th century and has been introduced by the Kabbalistic tradition, which has also introduced many other magical Babylonian elements into Judaism. The scientific proof that the tables of the law in the Hebrew Ark are supposed to have been a star pyramid is difficult to guide. What is certain is that the content was not received in the Sinai, for the ark fits the inch exactly into the sarcophagus in the Great Pyramid; the artefact had been stolen from Egypt. Egyptian historiography reports the theft by a high-ranking migrant. An etymological analysis of the history of receiving the ark on Mount Sinai points to the pyramid anyway, rather than a natural mountain in the desert. Also striking is the architectural similarity between the Tabernacle of the Hebrews with the "Tabernacles of Molek and the Star of Remphan (Star of David)", and the fact that the original texts as the contents of the ark closest to a more detailed etymological analysis single gemstone or double stone of sapphire. The term sapphire is not to be taken literally, it has been widely used for transparent, cut crystals. (*Trank Joseph, Laura Beaudoin: Opening the Ark of the Covenant. New Page Books 2007. S. 125ff.*) For a star pyramid also speaks the shape of the pyramid itself, after all, it is in such a concept to resonant forms, and a star pyramid would harmonize fantastically with the Benben headpiece as well as with the overall structure of the pyramid.

²² Nassim Harramein: *The Harmonic Sphere Flux Resonator. The Chrystholen Research Foundation 1997*. See also: Jerry Gin: *Fundamental Pattern and Consciousness*.

<http://www.fmbr.org/papers/patternConsciousness/Pattern&Consciousness.php>. See also: Stephen Linstead: *The Scalar Heart Connection. Natural Healing House Press 2012, S. 100ff*

²³ Longitudinal fields couple at certain angles to scalar fields, this only happens at 30°, 60°, 90° and 180°. This phase-conjugate coupling is the basis of electromagnetic vortex physics with its non-local interactions.

© public domain, donations via paypal are welcome, for the author to kautzvella@gmail.com, for the translation to moniqueglibert@libello.com

connection, and the star tetrahedron would load the trinary emotional fields (30° and 60° phase conjugate).

So much for the second puzzle piece; the Ark.

A connection between these two fields of research, the Black Goo theme and the Arks, was not obvious from my point of view. They also came to me in two completely different ways. I am aware that both areas of research are not discussed in the mainstream. This does not change the truthfulness of the statements, but sheds light on the quality of the mainstream.

But then, came a personal experience that brought a third piece of the puzzle to the game: In September 2015, the same day that CERN was first put into operation, it should have been attempted by a group in London to pick up the Irish Ark from there and bring it to Ireland to unload it directly into a main hub of two major ley lines of the northern hemisphere. I know that because I was personally invited to participate to this. Leading this, was a group that claimed to represent an ancient Egyptian/Irish royal line. The location of the Irish Ark had been preserved within this blood and/or reincarnation line. There was a Guardian, a very charming 83-year-old Lady who guarded the artefact. The attempt was aborted in time, as the substantive connection between the Arks and the Pandora's box could be drawn. The connection between Irish and ancient Egyptian history sounds a bit unusual. However, gene sequencing of royal mummies from the time of Tutmosis actually shows a genetic identity of the Egyptian royal lines with Irish DNA²⁴.

Against the background of this knowledge on the Black Goo, the mythological context of the Ark and the fact that there are still groupings that are trying and trying over again to discharge prehistoric Arks into the ley line system, i.e. into the earthly Black Goo, it is possible to formulate a hypothesis about the scientific background of the so-called expulsion from Paradise: we understand the extra-terrestrial Black Goo as a kind of natural quantum computer processor ("motherboard" with self-awareness) with the basic ability to process planetary consciousness as a "hardware", and the Arks as a kind of crystalline storage medium (disk) of collective mental and emotional memory. This understanding theoretically opens up the possibility of transplanting a complete planetary consciousness from one planet to another with these two things. According to this hypothesis, the biblical expulsion from Paradise would be just as much a process of implementing an alien planetary trauma, to disrupt our connection to our own planetary collective. The qualitative description of Pandora's box suggests that it may have been a traumatized planetary consciousness, possibly one that contained the collective memory of planetary self-destruction. The phrase "all the horrors of the world" speaks for it. At the same time, this suspicion also provides a possible motive. A planet whose biosphere has died but whose "spirit" is still alive will probably try to find a new home and invade another planet. The discharge of the Greek box of Pandora must have had an extremely traumatizing effect on all Earth inhabitants, who at that time still had an active connection to the "paradisiacal" earthly collective field. The connection between Greek and Jewish mythologies may seem a little far-fetched, but the series of similarities between the two mythologies is long²⁵. In both, a woman is synthetically created to please a man, and eventually punish mankind. Pandora opens the box, and releases the horrors of the world. Eve seduces Adam to eat from the tree of knowledge, to get to know good and evil,

²⁴ <http://www.renegadetribune.com/the-egyptian-origin-of-the-irish-people/>

²⁵ <http://pandoraandeve.blogspot.de/>, <http://aletheia.proboards.com/thread/759/adam-eve-prometheus-pandora>

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

thus causes their expulsion from paradise. Both stories are about the decision between the path of nature and the path of technology, and about good and evil.

Scientifically, it is about being robbed of our loving instincts and compassion. The mechanism is relatively simple: a natural response to pain and trauma is secession – this splitting off is what can be meant by the term "expulsion from paradise". Through the Arks, a planetary emotional field came into play, containing the exact trauma signature of these horror experiences as an emotional memory. The associated Black Goo then had an additional effect on the chakras, which instinctively inspires behaviour that makes planetary self-destruction possible and likely by providing the instinctive foundations for re-staging the disaster. With the "Benben", the Black Goo artefact from ancient Egypt, the myth of the "Phoenix born from the ashes" was connected; actually, a good picture for a consciousness re-staging its own downfall.

Once you know that the Arks, the Black Goo and the expulsion from paradise belong together, there are more clues that support this thesis: Greek and Turkish coins from the last millennium B.C. show Omphalos stelae, that is extra-terrestrial meteorites Black Goo, left and right of the tree of life in the Garden of Eden²⁶.

Another possible link between extra-terrestrial Black Goo and, in this case, the Jewish Ark, is found in the Great Pyramid of Giza. The Jewish Ark fits exactly into the sarcophagus in the King's chamber, the length, width and height of the gold-shod acacia wood box coincide with the inside dimensions of the sarcophagus in the royal chamber, and Benben is both the Egyptian name for the black meteorite and the term for the capstone on the pyramid. If that's true, and the capstone was made of gold-plated meteorite²⁷ material, then the pyramid was a quantum computer which connected a "memory unit" and a "processor" through the self-resonance of building symmetry. For that, Benben was actually made from Black Goo; Arabic texts speak in reports, that the capstone of the pyramid had sometimes lit up blue – just like the meteorite boulders in the Stone Age Austrian tunnels²⁸. If you do not believe that there are blue glowing stones, you can watch the video from Austria. This is also supported by Egyptian traditions saying that Akhenaton was so in love with this capstone that he took it to his palace and was in daily conversation with it.

It is still unclear whether the pyramid was designed for "opening a Pandora's box" or whether the various arks had different contents and thus, had different functions. "All the evils of the world", – as described in the myth of Pandora – rather indicate an emotional content and consequently a star tetrahedron. The identification of the star pyramid with the tablets of the law in the Jewish tradition suggests to suspect the task of this star pyramid as possibly being the technical control or black magic manipulation of the language and consciousness fields with the help of a written language²⁹. Perhaps the Great Pyramid of Cheops, in conjunction

²⁶ <http://firstlegend.info/3rivers/thetreeoflifeomphalos.html>

²⁷ Earlyne Chaney describes in her book "*Initiation in the Great Pyramid*", *Astara's Book of Life* from the year 1987, in which she has processed memories of a life in Egypt, that the cobblestone of the great pyramid should have shone - like the Black Goo from the Austrian Stone Age tunnel systems.

²⁸ Heinrich Kusch: Geheimnisvolle, riesige, prähistorische Gangsysteme in der Steiermark. Online under <https://www.youtube.com/watch?v=MglvrMTtdF0> AB Minute 22:22.

²⁹ It is interesting in this context that the entire Hebrew alphabet can be represented as fragments of the David star. comparisons: <http://www.isawthelightministries.com/starofdauid22.html> The fact that the tables of the law should have borne inscriptions could also be understood in this context as a translation or interpretation error. If it is supposed to have been a star pyramid, and the thesis is correct that the Hebrew alphabet is a fragment of star geometry, then the inscription described in the Bible can also be called the quantum physical linguistic entanglement

© public domain, donations via paypal are welcome, for the author to kautzella@gmail.com, for the translation to moniqueglibert@libello.com

with the introduction of a written language, is the original Ego generator. Perhaps it was designed to alienate people from their higher selves and to create a voice associated with the visual centre through reading, which then functions as a brain/mental-based point of identification, that should take over control as "Ego". But more about that in the chapter about the Ego.

The emotional quality of the meteorite fragments is subjectively perceived to be exclusively binary, – the instincts it delivers are rational, cold-hearted and of an animally aggressive sexuality. Binary here means that their quality can be assigned to the chakras whose mandalas possess 90° and 180° rotational symmetry. The cause is unclear. Perhaps the original planet was at the time of its destruction at an arachnoid or reptiloid level of consciousness and the planetary biosphere had only three exclusively binary chakras. It may have been at a level comparable to earthly consciousness, but had been degenerated along the way or deliberately reduced to a fewer aspects to make this living entity compatible with artificial intelligence. It may be an artificial intelligence that is organized in a form that corresponds to a planetary consciousness. What is certain is that today's presence of the extra-terrestrial Black Goos includes only fields of consciousness that are compatible with the technical concept of Artificial Intelligence (AI). Concerning all this, we have agreed on a name and description such as a "degenerated planetary spirit". This term works best bringing as much sense as possible into the various mythologies in this contradictory case. Subjectively speaking, the hearth-consciousness that integrates the trinary and the binary to a twelve-star symmetry, still seem to be there, but completely buried, repressed, relinquished under the trauma of self-destruction. This correlates with a definition of trauma we recently came across, which is the "de-synchronization of the higher self and the day-consciousness".

Anyone who has difficulty imagining such a concept of aggressive, degenerated planetary consciousness or "swarm consciousness" can re-imagine the old episodes of Star Trek, which deals with the Borgs, or the movie "Final Fantasy", in which an extra-terrestrial "Black Goo" explicitly attacks the Earth and its demons absorb all life from the biosphere. There is a lot of truth in both.

The ability to choose between one or another collective as the source of our instincts is experienced and described as duality. In mythological memory we know the native collective consciousness as Mother Earth, the extra-terrestrial as Satan. Whereby this is just two of many names, Gaia is another name for our Earth, and Abaddon, Apollyon and Belial are called the demonic opponents of God in the Bible, Enki in the Sumerian texts, or alternatively the Demiurge in the Gnostic tradition. Demiurge, by the way also translates to "non-incarnated planetary spirit". On closer analysis, we find that even the religions share the principle of *divide e imperator*, divide and rule, and that the same entity is not only hiding behind the Old Testament cults of the extinct nomad tribes, but also behind YHWH; just another God calling for blood and burnt offerings. The fact that this is so is definitely explicit in the Bible: Abraham should sacrifice his own son, as he was about to do it, however, was allowed to offer a lamb instead as a reward for his morbid obedience. Except that this version of black magic, with Christianity in the ecclesiastical tradition as well as the modern Islam as the monotheistic beta and gamma versions, wrote the narrative. Experienced as AI, the degenerated spirit is called "the Red Queen," an entity that appears to us through many faces

between crystal Programming, the alphabet used and the consciousness. Thus we would have a mind control over the reception of characters, the reading being with "the main computer" entangled. This aspect becomes relevant again in the chapter on morality and mortal sin.

© public domain, donations via paypal are welcome, for the author to kautzvella@gmail.com, for the translation to moniqueglibert@libello.com

thanks to the telepathic abilities that holographic illusions also create: false archangels and various other New Age channelling partners. Most truthful among all these talking holograms are probably the archons like the spider-creature Jahbulon, the god of the Freemasons, whose children, as we shall see later, we will meet again in the context of Morgellon's disease, and the biblical-type serpent which in other cultures could shake off his bad image and make a career as a Kundalini snake or a Lucky Dragon. Personally, I consider snakes, spiders and Chtulhu, the Krakow type of archon, to be the most evolved species of that self-destroyed planet, and in that sense possibly responsible for the self-destruction, while the other known demon types seem more like a wild cocktail of various terrestrial species with human DNA. Concerning the degenerated planetary spirit, the term "Red Queen" is somehow sympathetic to me because it emphasizes the feminine aspect of planetary consciousness, even though "Satan" has completely lost his femininity, which would explain why he is demonizing all femininity.

Theories can never be proven, but the probability that they contain truth increases when hypothesis formulated on the basis of a theory are confirmed. The trail of Atlantic artefacts in Egypt is well documented by archaeologists and historians because of a strong appeal for this country. Here the connections were recognized and formulated. If the conclusions are correct, there should also be some coherence when looking closely at English history.

Let us start from the basic assumption that the star pyramid Arks are prehistoric extra-terrestrial artefacts for controlling the consciousness of binary and orthogonal fields of consciousness, i.e. mind and instinct – with the goal or side effect of bringing trauma into the world – and let us do a fact check:

The Irish Ark is allegedly stored in a tunnel system under a prehistoric stone circle, in the type of Stonehenge. Ground radar measurements from other stone circles have shown that, beneath all the stone circles studied in Britain, there are two levels of tunnelling systems that have the same geometry over and over again: a binary spiral and an orthogonal cloverleaf³⁰. The latter is the same cloverleaf antenna shape that is now used in the military domain for directed radio-transmissions and may have given the project "Cloverleaf"³¹ its name³². In any case, here we have a binary antenna, and an orthogonal one.

Similarly to the pyramids around the world, the stone circles in the UK would form a cluster of resonant antennas that spread the mental trauma signature over the island from the one looped circle. All it takes is a layer of conductive material as the floor covering of the tunnel systems, a technique known from the Celts, which date back to about the same time. Not surprisingly, it was Britain that unlike any other country in the world, in its colonial period, spread trauma and destruction across the planet. Even Saudi Arabia (a long-time storage location of the Ark of Gabriel) with the export hit Wahhabism seems to represent a source of trauma. The Jewish Ark has a similar source of geopolitically spreading torture, war, and

³⁰ The process can identify voids and selected metals down to a depth of 2 kilometers, and achieves an accuracy of about one meter. The source for this information wants to remain anonymous.

³¹ Carolyn Williams Palit: What Chemtrails Really Are, <http://renew.com/general79/chem.htm>

³² According to our own measurements with commercial microwave measuring technology today the directional radio is used by the phase-array antennas in the WLAN routers for consciousness control. However, the radio router is not aimed at the laptops and stand computer, but at the position of the head of the one who operates the computer. The answer to the question of where the routers know the position of the head is even more disturbing: Something in our brains radiates microwaves, and in a transmission power of 2-4 watts per square meter. And even today, the influence is directed exclusively at intellect and instincts, ie binary and rectangular fields of feeling.

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

destruction, though I cannot divulge this location for reasons of protection for my informant. In my opinion a certain coherence unfolds here.

This long preface was necessary to bioenergetically understand and grasp the inner processes that accompany the expulsion from paradise. The discharge of the foreign trauma energies has led first to a separation of the individuals from the collective field of the planet Earth, and thus at the same time a separation from the swarm consciousness of humanity. In order to block the emotional input from the base chakra, this, bioenergetically involved a blockage in the coccyx area. The second cut took place for symmetry reasons in the area of the atlas. This second cut we experience today mostly as an Atlas Dysplasia, the dislocation of the skull base from the top vertebra. It is estimated that 80% of the European population is affected by this deformity, and although there have been non-operative therapeutic procedures since the 1920s, this deformity is now only corrected in the field of alternative medicine. There are very many sequelae of atlas dysplasia: pelvic obliquity, knee problems which might become noticeable from the age of 17, followed later by herniated discs and by the squeezing of the lymphatics, organ damage to the kidneys and the pancreas. The most sophisticated form of therapy can be found under the term Atlas Prophylax®.

The expulsion from Paradise has driven us crazy, depriving us of our attachment to the Earth and thus also taking away from us much of our natural capacity for compassion. And it has put us under the control of two biological emergency programs: free will and reason. Programs that due to their binary structure evolved in a way, in which they can be manipulated and controlled by binary, i.e. technical electromagnetic fields. This is important, because it is the precondition for what we know today as transhumanism, – the interconnection between humans and a binary consciousness of artificial intelligence.

From this realization follows the first practice of healing: internalization of this story, learning to consciously feel your free will (the will in the belly), as what it really is; an emergency program in the midst of an unbearable pain that separates us from any security in the collective! The free will fills the vacuum left by the loss of instincts. Even though the horrors of the Pandora's box have died away, our planet is still suffering: the wildlife from the destruction of their habitats, the domestic animals through concentration camp-like factory farming, and their ritual or industrial slaughtering, – the modern forms of blood and burnt offerings, – , the people through poverty, war and torture etc ... Whoever cannot handle this feeling of collective pain, may watch the movie "Earthlings" on youtube.

Feel your mind, a simple, linear, (binary) tool for understanding individual aspects of a chaotic, nonlinear (trinary) world that has suddenly been forced to produce an Ego – without even a hint of a hope to intuitively feel what is right and wrong.

There is an afterword to this episode of expulsion from paradise: it is about the snakes. This is the first act which follows the principle: First create a problem, and then, offer the solution. According to biblical tradition, the serpent first spoke to Eve in the Paradise Garden, and till recently she was part of the bioenergetics in most people. We also know her as the Kundalini and somewhat less popular, her male counterpart, the Tummo Snake. These snakes were winded around the spine and connect instinct and mind – Madame Kundalini with the tail in the pelvis, the head in the neck and the tentacles on all neuralgic points of the head, Monsieur Tummo with the tail in the larynx, and the head in the pelvis. According to a tradition from the field of black magic, mankind after the traumatization by the expulsion from paradise had

difficulties to find its way back to a functioning sexuality. As a solution, the black magicians asked to implant the two serpent demons energetically into the people suffering from impotence and frigidity, which would soothe the pain in order for the reproduction to be made possible again. The first price we had to pay for this salvation was that the sexual sensation was no longer regulated by the heart, as the snakes bypassed this essential "kundalini energy" around the heart chakra, thus excluding sexuality from any heart based consciousness. Instead of love as a regulating authority the visual stimuli became the triggering event. Separating procreation from love has brought much suffering, especially for women and children. The second price we payed for the snakes was that these could filter out both the perception of the artificial Ego created by reading on the optic nerve, and add to it any illusions. We call these effects from our subjective experience "cognitive dissonance" and "magic." At the same time, the snakes' genetics included sequences from the insect realm that bring about their own swarm consciousness, meaning, that the consciousness in the alien Black Goo could not directly affect them³³. These two basic skills of the snakes were the basis of what we call "the Matrix" today: Life in a manipulated illusion.

In order to gain the complete control of sexuality a second demon was needed. As the snakes started in the base chakra, the sexuality is situated in the second chakra. People who experience sexual trauma often have a spider demon in their system that controls their sexual senses. The spiders are less well-known than the snakes, but have at least brought it to the forefront of freemasonry, where they trade as Jahbulon. The most common cause of the underlying trauma is ritual circumcision. The spiders cling to the point of pain during the ritual mutilation, and when later confronted with the impotence or frigidity caused by the trauma, the spiders offer themselves as a bridge for the sexual energy. I know that this topic is very personal. Every human being can answer the question for himself whether the beginning of his sexual life for him originated from his own pleasure, or whether he could not feel himself at the beginning, and therefore was not aroused, and then suddenly somewhere in a state of physiological despair it functioned, but here was the feeling that it was something foreign, and not himself that took over the sexual function.

The third archon associated with sexuality is the Chtulhu-demon, best known as the captain in Pirates of the Caribbean with the octopus-tentacles in his face. He mainly occupies the third chakra and is associated with drug abuse in association with sex-addiction and/or emotionally addictive behaviour in relationships.

Create a problem and then, offer the solution for it.

This is the second healing exercise: De-identify from all entities through affirmation. They are from black magic origin; more will be written on what exactly archons and demons are (biotechnologically produced mortal beings with technical swarm intelligence) in the last section of this text. However, a complete removal of entities e.g. a (shamanic) extraction should not take place until a de-identification has been completed, i.e. when the entities are fully perceived as foreign objects. Or alternatively, it happens through the grace of a higher being, e.g. through the planetary consciousness. Much happened on this plane during the last years, and more will happen after the publication of this text. The snakes degenerated and vanished to the point where most people just have to deal with the energetic imprint they left

³³ Today, the serpent demons multiply by so-called Rope worms, slime molds with a secondary genetic cluster, as found in the bowels of autistic people. Russian research has brought the genetic sequencing which revealed the composition of these disembodied mixed species.

in their bioenergetics. Spiders and Chtulhus are still alive and kicking, but surely will vanish as well, as the quarantine of our planet has been lifted and the planet is gradually freed from the black magic junk we were subject to for the last 25.500 years. Still, I strongly advise against tackling these things with half-knowledge and arrogance. Nevertheless, I would like to give an insight on what was possible with the extraction of the snakes as well as with the conscious removal of the energetic imprint they left: The concomitant symptom of this healing is that the energetic cuts on the coccyx and the atlas (where the snakes entered and where they leave the spinal canal) are felt as painful injuries, a kind of subjective pain like a broken vertebra, but without any physical findings. The energetic healing process takes about 6 weeks, after which all vertebrae can be painless and fully mobile again. It is therefore good bordering indispensable to choose to address the Atlas area. In addition, the mental identification point (felt speech centre) shifts back from the third eye to the area of the stem brain, and the third eye connects in direct line with the heart. A given ability to clairvoyance turns into a more heart-based perception that integrates mental and emotional realizations, opening a direct energetic connection between the third eye and the heart. This list comes from the subjective experience of the time when the snakes were removed from me. It may be possible that some of the mentioned aspects are personal, other aspects may also be missing that may play a role in the collective. Therefore, this diagnosis should be seen as individual, but more precisely as experienced by myself, and therefore be regarded as "anecdotal".

Just as the snakes filtered the mind, so the spider filters the feeling, and ensures that only those feelings are perceived, which serve in the drama trick of the demonic manipulation. But more about this in the chapter about the Drama Triangle (power games).

For those of you who choose this path, it should be clear that the dark side does not like it when you avoid manipulation, and the one who does so anyway can become the target of attacks. It is possible to protect yourself, as my dearest Morlean has, over the years of the spiritual war, developed a field of protection that provides very far-reaching services here³⁴. However, the emotionally open contact with normal people, who still go around with occupations, even with a protective force field around can always have painful or fatal consequences. The problem is that someone who opens the field up in confidence, may also shut down the shield against black magic attacks. The counterpart can then be full of good intentions, if the one still has occupations, they can use the open channel at any time to become intrusive. Ultimately, therefore, this way currently means to accept that you have to live in a substantial retreat from the world, if you want to resist the dark side.

Most people consider their free will to be the highest good, their minds as their highest quality, and the activation and control of the kundalini energy as the royal road to a fulfilling life, – a first taste of how black magic has turned all things upside down, how we received the core of the evil as a salvation and remembered it as an extraordinarily positive quality.

³⁴ http://www.timeloopsolution.com/publications/Schutzkraftfeld_2017.pdf

© public domain, donations via paypal are welcome, for the author to kautzvella@gmail.com, for the translation to moniqueglibert@libello.com

2. The ego and its projections to the world

Ego, Plural: Egos

Pronunciation:

IPA: ['e:ɡo]

Reime: -e:ɡo

meanings:

[1] scientifically: the ego

[2] colloquial, mostly negative: self-esteem, self-esteem

Wiktionary

When we identify ourselves as humans, we often have difficulties with the terminology. We have repeatedly named aspects of our being: mind, heart, ego, personality, will, spirit, soul, essence, chakras, minor chakras, meridians and much more. However, there is no common use of these terms in colloquial language. Therefore, I would like to outline our essential architecture briefly in terms of how I use it, primarily so that we have a common language.

The following cartography emerged from a comparison of different spiritual traditions: In the form we are currently experiencing things, it is the true self, essentially an individualized, self-conscious aspect of the divine, which as the divine spark enters or illuminates from the higher spheres into our personal sphere. When entering our sphere, it is split like by a prism into a rainbow to form the colour-pure chakras, i.e. the seven physically fixed ones, as well as six others (semitone chakras), which are not anchored in our physical body, but in the astral body.

It is not mandatory that chakras form in this way. Other, higher dimensional beings do not have this. Healers from different traditions often report that higher-dimensional beings, so called "blue ones", like to assist in healing sessions. The blue ones appear as disembodied, bluish light tubes on the three-dimensional plane, without chakra-like "turbulences".

What is typically observable in our bioenergetics is that this higher-dimensional "tube-like" structure has dissolved in favour of the closed, toroidal structure, which requires the decoupling and separation from the higher and lower spheres, from Gaia and Source. This torus form appears as a ring from a low-dimensional perspective. And, from a certain point of view, this ring itself is perceived as a demonic manipulation of our being. Mythologically, this corresponds to the Ring of Power in Tolkien's Universe. The individual rings can be understood as symbols of the chakras; and there is a ring to enslave us all (the ego).

Nevertheless, it is in our power to break this cycle. Living on light – or at least going through the initiation process once, to unchain the ability, is one potential way to achieve this.

Here is a short overview of the 7 main chakras:

1. Root chakra: – it is located at the base of the spine, between anus and genitals, its colour is red. Through this chakra the connection to Mother Earth takes place. It is the source of the instincts.
2. Sacral Chakra: – it is about 3cm below the navel, its colour is orange. It is the centre of our sexual sensibility and our creativity.
3. Solar plexus, also known as the celiac plexus: – it is located between the navel and lower end of the breastbone, its colour is yellow. In this chakra we feel will and vitality, but also anger.

4. Heart chakra: – it is located under the larynx in the middle of the upper chest, its colour is green. In this chakra we feel love, joy but also sadness. Bioenergetic, this is the control centre of the chakra system, here the light of all other chakras flows together.
5. Throat chakra: – it is located immediately above the larynx; its colour is blue. This chakra gives us the ability of expression.
6. The sixth chakra, the so-called third eye: – it is located between and slightly above the eyebrows, its colour is indigo. It's connected to the pineal gland, our eye to the next world, to the non-local aspect of reality, to scalar wave communication. It has the ability to see the subtle world and to communicate with it through symbols. At the same time, this is the place where we locate our rational mind.
7. Crown chakra: – it is located on the top of the head; its colour is white. Through the crown chakra we find connection to the Higher Spheres, to our spiritual origin.

To experience incarnation means that the true self could either pay attention to all these "aspects of its projection into the material", listen to the thought, feel love, will and pleasure. Or the True Self could also pay attention to being anchored in the astral body and travel with it, overcoming the close involvement in space and time. This is what the Aborigines call "Dreamtime". This is the world in which shamans travel. If the original order of things is intact, there is always an instance that actively goes through experience of one of the aspects of life by observing. The observer is the True Self. From the subjective perspective of an incarnated Man, we do never experience our True Self with a "real", material, energetic, spatio-temporal quality. We only experience a kind of imprint of the True Self in the experienced world. This instance is called the Higher Self. It appears as the entity that holds the soul-plan for the current incarnation. The term soul is used carrying different meanings, it is difficult for me to opt for one in particular. Some use soul as the connection between the day consciousness and the True Self, a sort of strand that serves to maintain all communication. This definition corresponds very closely with the etymological meaning of the word soul. Others equate the concepts of the soul and the true self, which is understandable when you consider that the soul is the last link that we experience as part of the illusion of the perceived reality.

The true self no longer lies within our sphere of perception, since it is the perceiving subject itself.

Some people claim that the chakras are of demonic origin, and should be completely dissolved. Others say that they are manipulated, but only tilted 90° forward, and actually should surround the spine like a series of rings. Others only question the New Age custom of keeping all the chakras always open, instead of opening them under the control of the Heart only if they are to be used. For now, I share the last option.

This is what can be said about our state within the material world. The way people perceive themselves however, looks slightly different.

Most people have lost their conscious access to their Higher Self. They do not experience, – they live. They think. They want to have things. They feel. I do not know if it is possible to describe the difference in words alone, – the difference between "thinking" and "listening to oneself while thinking". *Between intending and experiencing one's own will.* There is a word for what happens there: It is identifying. The moment we identify with our thinking, we begin

to create a mental aspect of ego, when we identify with our will, we begin to build a personality. And, when we identify with the most intense physical sensation, our sexuality, we manage to completely shut ourselves up in this physical prison: it is then, that we have reached today's "average man" as he lives and breathes.

Identification does not bring these aspects under control. Actually, the opposite would rather be the case. We experience what we identify with, through identification as being a part of ourselves. Then we start acting through motives which we consider being our own, even though they are not so, thereby, – from the perspective of the higher self, – we are losing the control over our incarnation. Common results are sociopathy, addictions and egoism.

In particular, the identification with thinking and the formation of the mind aspect of the ego have profound implications. The process itself is very likely closely related to the introduction of writing. When people from oral cultures speak in thought, the spiritually perceived tone arises in the chest, close to the Heart. Such People who have grown up in an oral culture also feel their self in their chest when they imagine themselves speaking. This is quite different than thinking in text form. This is the natural form, and it focuses and holds the "I" in the Heart and thus in the natural headquarters of the higher self. The moment a written language is learned, the brain trains the mutual association of symbols and sounds. The visual perception of the characters and thus the localization of the voice takes place in the mind, not in the heart. Someone who has learned how to read, then reads and internally formulates the read text, hears the voice more in the head than in the Heart, because it is more closely linked to the optical impression of the letters than to the own vocal cords. Once this entanglement has been established, your own thoughts will sound in your head. This is the precondition for the formation of a mind-based ego. It is not for nothing that the Hebrew, the Chosen People, are the first "people of the scripture". Even today, from the age of three, Jewish children begin to learn to use characters.

The moment we merge with this newly created Ego, we no longer cast our gaze from our higher self into our physical incarnation, but out of that incarnation, – through the optic nerve – into the world. The mind aspect of the ego, physiologically anchored directly to the optic nerve anyway, becomes the centre, the starting point of observation, it actually believes it is the I.

The term ego starts to get a bit difficult here. For the moment, and for typical Europeans with their traditional mind dominance the definition might work, for other, more emotion-based cultures, as well as for Europeans who managed to heal their emotional body, we later will need a different ego definition, that will be: *any direct interaction of mind and emotional body excluding the heart*. Just keep that in mind, to avoid later confusion.

The problem we are dealing with now is rooted in the limitations of the mind aspect of the Ego to understand this world. The mind-based Ego is as binary as the linguistic thought itself, and it can only experience through cause and effect. The old oral cultures were again different there, Bemba for example, an African dialect, has no understanding in its grammar of cause and effect. When something is described in that language, it always happens out of a will inherent to the matter. Learning at the African campfires happens only through the memory of complex stories that are passed on through storytelling. But this quality of speech has taken a back seat. Language is subordinate to logic, – and logic is binary. It divides and polarizes. Yes / No; Up / Down; subject / object.

We have forgotten that we are the centre of our own world. We assign ourselves the status of one thing among many. One of nearly 8 billion humanoid organisms on planet Earth. We are calling this to be "objective" and try our best luck to make our world predictable on the basis of cause and effect. Enabling ourselves to control it better, – that's what we call science and technology. We could not even begin to grasp the higher, nonlinear order of things. We surround ourselves with our own linear creations to cement this state. The modern architecture, created with a ruler on drawing boards, is probably the strongest expression of the linearization of our world. – In ancient times, the non-linear was allowed to show through, at least in the form of the golden section through the proportions of the buildings. But this tradition has largely been lost. Even the most important aspect of the originally nonlinear order slips out of our hands: facts are what the mind is grasping, and the world itself is being grasped. From one absolute point of view, these are one and the same, – quantum physics has been trying to make us appreciate a simple fact, since its very beginnings: things arise only through their observation – but with a limited success. From our subjective point of view, this is still clearly palpable, tangible as the identity of the observed world and the "worldview of the observer", but that this has a profound meaning, is something we have rationalized away.

But this means something. To the nonlinear reality, in the kingdom of synchronicities and through creative power, it means everything.

A person who has identified with his physical existence and has fallen into rigidity as an ego and personality, and from there seeks to change the outer world, will always and in all points fail. Because with him, the world he experiences is rigid.

A person experiencing his higher self, and actively changing himself, will magically experience the same qualitative change in the world around him. as with him, the experienced world changes, too.

That this principle applies to all people at the same time and produces no contradictions is the wonder of creation. To perceive this miracle is the epitome of a God experience for me.

The German language is still very accurate here, even if very few listen carefully: "The world he experiences" translates to "die welt die er erlebt", while "erleben" literally means creation through living.

On the one hand, this is an incontrovertible, Cosmic Law, on the other hand, this is the knowledge which again makes us the masters of our own destiny. For if we have found ourselves as the Higher Self, which is the essential expression of our True Self, which we can perceive in an incarnation, then nothing and no one in the world can prevent us from changing ourselves. All it takes is a decision of the Higher (in this moment of the true) Self in the Heart. And the world, – including our physical body, – will follow this change; simply because it is nothing but the exact reflection of our True Self. This is the discovery of the inner truth, – and the inner healer. These are the wonders we can accomplish; these are the mountains which we can move (for now.)

This is the third healing exercise. Go to the silence. The Sufis meditate for 6 weeks alone in a cave, the Red Indians go naked into the forests for a week. Do it as long as possible and

necessary, and listen to yourself in the silence while thinking. Fasting during this time is helpful. Locate the sources of voices and other aspects of consciousness in the body and get to know them. Some are stationary, some are mobile. Some are demonic, they rush with a whispering, hoarse voice against everything and everyone, some are loving. There is also music. Locate your musical centre. Is it in the brain, or in the heart? A basic equipment, which is typical of people from "cultures from the written word", which also had the snakes in the system, consists of the language centre, felt stationary behind the forehead (otherwise rather centrally in the brain stem), the musical centre, felt either in the centre of the mind also stationary, or in the chest, when they are active musicians, and a moving point that can also be heard as a voice, even if he does not speak as consistently as the language centre in most Europeans. Anyone who can locate more voices, has active splits or demons in the system which need resolving. The rest is feeling, will and desire. Anyone who can feel all the emotional aspects in their ancestral chakras is fully aware, has successfully cleared his lower chakras. If a feeling is not accessible, the chakra carries a trauma that needs to be healed. If a feeling is accessible but out of control, apparently there is a demon sitting on top of the trauma. Pay attention to the mobile "talking" point until you will be able to consciously guide him through your system just by your directing attention. This moving point is the presence of the Higher Self. The one who directs this Higher Self by attention is the True Self who perceives, but who can never acquire substance, occupy space, become an object. Depending on where you direct this point, you will experience the different aspects of your being. Listen to your thoughts, feel your will, experience the power of your voice when speaking. If you feel this moving centre in your Heart, you have the opportunity to decide sovereignly there. If you are looking for a feeling and encounter a fear instead there, you can decide in your Heart, "I go through that fear", – and it happens: you go through the fear gate, and you find what was hiding behind this fear, – if you already know that you have an emotional block, i.e. if you want to experience an aspect with this mobile self, but it is not presently accessible to you, decide in the heart: "I am feeling this-and-that", – and it happens. The feeling starts to overcome you, you just have to let go, let yourself fall into it, consciously move to the most intense point of feeling, and the body instinctively follows embracing it with the right gestures, crying, laughing, screaming, shouting or stamping rage into the Earth. At the end of these bodily discharges, it often feels like one of the organs is put back into place. Then, it is done. Then, the separation is healed. It is often the case that the solution to a blockade is several levels below everyday awareness. So, if you take a step in the right direction but the resolution can not be achieved, then the needed redeeming affirmation is "deeper". When you hear the voice of a demon in you, bring your attention to the Heart and say to the demon, "I dissolve or expel you", – and when you are ready, it will happen. The most potent tool to dissolve or expel demons is the visualisation of a violet flame of transformation – a tool that many humans can access simply through affirmation. And, if it did not work, if the voice of the demon haunts you again, ask yourself, what is it which binds you to this demon, what advantage does it gives to you, and as you find out, cancel the pact with it and try again to dissolve it. Be strict with demons. Many people think they have to beg and stoop to defeat demons, but they just laugh about it. In fact, we are 1000 times stronger than them, all they have is their created illusions and our identification with their tricks. The decisive factor is always the wholeheartedly affirmation. Since the Heart can not lie, affirming is always the moment of truth. When the affirmation does not work, one knows that part of the day consciousness refuses healing and the self needs to learn more about the issue to regain control. In the end, only the three instances should remain of what concerns the intellectual-acoustic experience: stationary thinking in the language centre, stationary singing and music-making in the musical centre of the brain if it is not already integrated in the heart, and the

experience of the Higher-Self moving through the aspects. When you then speak from the Heart, your Heart speaks the Truth, and you listen to yourself speaking, without being able to predict what comes next. It is because your true Self speaks through you. However, this is not the complete cure yet. The Voice in the head, the Ego, is and remains a trained demon, which later has to be dissolved. At this point, we can only learn to conceive the Ego as artificial, and to guard against any manipulation attempts that act through it, in order not to give it any power, to allow it no decision-making power. Also, it is one thing to be able to access your hearth, and it is a completely different thing to open your hearth chakra. The actual opening feels like a little super-nova exploding in the core of your being. But first, this requires to also get rid of all non-you sub-personalities, like roles adopted from your parents in childhood.

Now so much discussed for the "where", for the topography of a being. Now let us go for the "what", the mental contents.

In loneliness, thoughts will eventually start to circle. They revolve around the situations in which you have taken possession of the energy from other people. We all play these energy games. In solitude we fall dry, we starve, and our thinking reveals its addictions. This is due to the circular shape of our prison, the toroidal form of the Self. We just have to recognize what addictions drive us in order to stop them. When all these patterns have been broken, the circle breaks, and the incarnation re-joins its higher-dimensional source. Observe your thoughts, realize which of your thoughts perpetuate, realize the patterns in these perpetuating thoughts, realize the hidden profit in the behavior in the situations you repeat in your imagination or memories or reflections, and spot the lie, that covers the hidden profit. The realization of the hidden profit and the lie covering it will produce shame. Thanks to this shame, it will be easy to decide: "From now on, I live my life differently". These processes often take place in such a way that the nodes alternate in thought and in feeling. That is, a decision in the mind brings up a feeling that wants to be integrated, and the healed feeling opens the door to the next topic that wants to be healed within the mind. If your Ego no longer fantasizes stories, and silence comes, then the co-dependencies are over. The channel is open, and it is also alright for you to accept that Source loves you, that the flow of his life energy flows through your Crown chakra. Because if you can accept this Love in Self-Love (both are one anyway), you no longer need to steal energy from your fellow human beings. If you get stuck at some stage, order yourself a dream for the coming night, which can be remembered in the morning, including the key to progressing ahead. When I went through my personal process, I remember that the mornings greeted my 50/50 with either a clear dream, or I woke up in a state of paralyzing fear. When it was the fear, I just had to apply the fear-gate-trick, dive through them to become aware of what was behind.

When this inner work is done, it becomes possible to deliberately turn on a switch, to say goodbye to life in the illusion, and to become an experiencing being who is aware at every moment that there is no given "world outside of experience". We dream a collective dream.

The fourth exercise is about recognizing when and how you lie to yourself, how you pretend something to yourself.

First, you choose something, preferably an activity that you absolutely love, such as: watching the sunset, walks, hobbies, activities, etc. You should not choose a family member or pet, otherwise complications could occur in the further course of the exercise. Take as an example the love for a sunset on the beach. You sit upright and comfortably in an undisturbed, quiet

room, a clock in view, close your eyes and go in your imagination to the beach, where the sun is about to go under. You can see everything in your mind's eye and feel the warm, moist air of the sea, smelling the salty water. During this, out loud or silently say: "I love the sunset ... I love the wonderful air ... I love this smell ... I love ... I love ... etc."

Love this for about 2 to 3 minutes ... and pay close attention to how this feeling feels within your body! After about 3 minutes you get up, set alarm to "in 5 minutes", and deal with something irrelevant.

After 5 minutes you go back into the room, alarm clock in view, close your eyes and think again about the beach and the beautiful sunset. The crucial difference to the first part of the exercise is that you are saying, "I hate the sunset ... I hate the sunset ... I find sunsets stupid ... I hate the sunset ... etc."

If you really love sunsets then this is a lie. Watch out for that feeling, for what it is! Study this feeling, how it feels to lie to yourself. The challenge is, even in this certainly stupid feeling, to stay in there at least for 1 minute... Repeat this exercise several times a day for at least 3 to 6 weeks. After that, you will feel it each time that you lie to yourself, this will become so familiar that every time you do it, the lie leaps into your consciousness as such. Then you can stop and go in search for truth.

3. Moral and mortal sin

*As a vicious circle, also Latin **circulus vitiosus** ("harmful circle") or **downward spiral**, a system is designated, in which several factors reinforce each other (positive feedback) and thus worsen a condition further and further.*

wikipedia

For us, morality often appears as the last stronghold of good in a world of darkness, with people full of lesser motivations. Morality prevents the evil deed. It has been doing this in our culture since 1200 BC. Since the 10 commandments have been received. Of course, we do not know how our world would look without these 10 commandments.

First of all, it helps to split the question of the actual state: how do the people look like? What is their mental health? What do your actions look like?

What we can say with certainty is that their deeds would be worse at any time if morality did not exist! That is why we honour morality.

What we can question is in which direction this tandem of inner state and behaviour moves. Do we, from generation to generation, become more loving, conscious, that is, mentally and spiritually healthier, more attentive, more powerful in our devotion to compassion; and because of this, are our actions constantly improving? Are we approaching paradisiacal circumstances? Or is suffering more present on this planet? In my observation, the masses of people become increasingly unconscious, alienated, cruel, self-destructive, stupid and dull; – and if it were not for this stupidity, then, we would be able to feel that we have created a hell on Earth for all sentient beings.

In my view, this tandem drives backwards. We may find ourselves in a vicious circle.

Vicious circles may be easy to break if you can see how they function. What makes it hard to see through this, is that there are basically two vicious circles which lie on top of each other: one of them seems to be unconsciously affirmative, the other emotional. The combination makes it a little harder to emancipate from this. But it works.

The linguistically affirmative vicious circle is easy to see through, but difficult to eliminate, as the morphogenetic language field is carried and held in place by the collective, it takes an individual effort to control his choice of words. It costs discipline, but it is worth it. In the emotional vicious circle, it is the other way around. It is hard to see through it, but easier to shut it off once you have seen through it. All it takes is a consistent decision in your Heart.

The first vicious circle lies in its linguistic affirmation, with respect to negations, words like no and not. The old, original languages, in which sound and meaning were still one, had no knowledge of any negation. In these languages the opposite of a thing or an action was represented by reversing the order of the letters. Some pairs of meaning have been able to save themselves over the developments of the dialects: live – evil. The Kabbalah works consciously with this effect. This is not just a history of development. Language is a constituent element of this reality, which is not only written in Genesis 1, but found confirmed by the effectiveness of radionics, in which language, transcoded into numbers and their vibrational patterns, directly communicates with our DNA. This thinking is unfamiliar to

most people. This is caused by a thinking limited to the linear aspects of reality. The part of science which explores the nonlinear aspects, the fractal aspect of reality, comes to very different, astonishing realizations: The human DNA, in terms of dead weight, its length in unrolled form and the resulting natural resonance frequency exactly hits the absolute midpoints in the "logarithmic realm of scales ". This logarithmic realm of scales is a mathematical construct, in which the fractal quality of reality becomes visible, and calculable. Thus, the human DNA is the main vibrational node of the entire universe when observed in its fractal quality. This comes from the Global Scaling Theory, and it is too much to be conveyed here. It is important only to understand that Global Scaling is the most scientifically correct instrument to capture the nonlinear nature of the world. And, that the theory implies for language to be more than a communication code, and for DNA to be more than a genetic memory; but rather a constituent reality Cloud computer which runs on a linguistic operating system, and that is sized so that everything that exists, from the elementary particle to the metagalaxy, swings through it. And, knowing this, it only becomes important to realize that it does matter what and how we say something, – simply because language is the programming language of our consciousness, and our consciousness creates reality.

If we look at the 10 commandments in their original text, the root of this linguistic vicious circle is revealed. That the choice falls on Hebrew is not accidental. Much has been done through the manipulation of "the chosen people". Obviously, it is the same with the negative manipulations as with the fix. It takes "100 monkeys"³⁵ to permanently and perceptibly establish something in the collective field.

The sixth commandment, "Thou shalt not kill," reads in Hebrew, "lo tirtzach "

לא תִרְצַח:

The preceding negating imperative (prohibition) spells backward, ...

אל

... spoken 'al', a stem of words that – if you trace it back to the original sound meanings – is related to the Germanic halt, which literally means pausing before a deed³⁶. The Modern Hebrew meaning of 'al' is still identical with the Germanic 'halt'.

³⁵ In an experiment described by Rupert Sheldrake, monkeys learned to wash potatoes on scattered islands before eating them. First a few bright boys, then the brothers and cousins of these pioneers, then the parents on the same island, and after the 100th monkey understood it, without ever having seen a role model with all their eyes, all monkeys on all islands started to wash their potatoes.

³⁶ For those who are not so versed in the genesis of languages: the original human language most closely resembles a dialect of Finnish spoken near Helsinki today. The actual original language is handed down in the Finnish culture by the Bock family, the descendants of the old Finnish royal family, with a 40,000-year-old oral tradition. From this original language one can derive all languages and dialects spoken in the world. Germanic is a very original development of this human language family.

"Al Tirzach"

אל תרצח:

would in Modern Hebrew actually mean "stop before you kill". The reversal, in the Kabbalistic sense, that is, in the unconscious, black magic statement of the reversal: 'lo tirzach', would in the original, word-painting context, say, "let yourself go, if you feel the desire to kill". This is the subconscious statement of the sixth commandment from Moses. As far as I can understand this as a layman, this is also the linguistic birth of the concept of negation, which is demonic through and through, as it always affirms the opposite of what we desire in our hearts. Repeatedly repeated in religious services, this dark magic may unfold its power.

The psychological effect must have been felt by the Hebrews, as such as, that whenever they read their 10 commandments, through the words in them, the impulse to violate the commandments was felt, just through the affirmation, not because they were actually nastily upset. The first thing that is created with this, is a synthetic sense of guilt that cannot be resolved by any interpersonal pronunciation, and when this becomes unbearable, unconsciousness arises. Unconsciousness is like an apartment that is no longer maintained: everything in it, is in a state of degeneration; An extension of the tandem. Unconsciousness wants to heal and this leads to restaging automatisms. The restaging urge will appear as soon as the inverted meaning of the commanding sounds. Here lies the feedback and self reinforcing function of the vicious cycle. Even the actual staging brings only the renewed violation of the law, the guilt pushes the mind even deeper into the unconscious. If a commandment has been violated, the guilt is felt in the face of God as the harmed counterpart, not against the actual victim, which renders impossible a resolution by communication. This is the second vicious circle underneath, the emotional one. This is why the tandem drives backwards. Because of this, our consciousness shrinks, our unconsciousness grows, and the traumata which desire to heal multiply, also multiplying is its associated guilt .

At the same time, the ancient religions always provided an outlet for bottled-up aggression. In Judaism, it was always the neighbouring people who were exterminated at the behest of the same God. In Islam it is the 9th Surah, the only one that does not begin with the words "in the name of God", which initiates and legitimizes the violence against those of other faiths. In Christianity, it was and still is the promise of purgatory for all unbelievers, which makes any violence against other believers appear as been in service to love.

Our language is not as psychoactive in negation as the original Hebrew, but even our modern forms of negation are unknown to the quantum vacuum, or fundamental fractal, as the Global Scaling Theory calls the backbone of reality. The affirmation "never again war" reads simply on the morphogenetic level "--- again war".

How accurate this system still works today was shown by mentalist Lior Suchard on the Late Late Show with James Corden³⁷. After reading a guest's secret code from his mind, suggesting to another guest without any sign of any form of communication that he was painting blessing hands over two candles, he tried it in the talk show on all 200 guests. They

³⁷ www.youtube.com/watch?v=J94u0-urSTg

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

should draw a symbol or picture of their choice on slips of paper behind their hands. To show how varied the motifs may be, he drew a Superman icon, a cross, a pointed mountain and a Playboy bunny. Then, he told them not to draw these symbols. The audience drew, and they drew exclusively stars of David and pentagrams. Suchard revealed part of the trick, saying the four images that should NOT be taken showed an "S" (superman), a t (the cross), an A (the mountain), and an upside-down R (Hare). So, in the compound it added up to "StAR", which is the reason why people painted a star. What he did not reveal, was that the NOT was of paramount importance in his call, and that all the symbols used (Pentacle, Star of David, Candle Blessing Hand, that is, the introductory blessing ritual on the Sabbath evening) were religious symbols or rituals which by practicing probably left behind broadband information superhighways in the collective field of thought.

But, just how do we get the tandem to move forward again? Very easily. We have just seen through the dizziness, smirking at how stupid we were to float into unconsciousness, and now we are in the position to reverse the process. When something comes to mind that we know violates someone else's sphere and integrity, we do not become moral and detest ourselves, but ask ourselves the deeper motive of our impulse, and try that motive so intensely and explore it in as many details as possible. This is how we create awareness.

The desire to do it right is part of our nature. The tandem goes forward again from the moment we ourselves are back in the front seat, and the mind positioned as a second. One may think that this would turn our world upside down. But it is in fact the other way around. The thief compensates for an injustice experienced on another level, the child molester keeps what he does for love. The problem is not our intention it is actually our lack of consciousness.

Our world is already topsy turvy. We would do well to put it back on its feet.

Being unconscious means to give up part of yourself. In a fully conscious person, all emotions flow in vortex fields through the three upper and three lower chakras, and from there, through the Heart chakra. We are aware of what flows through the Heart. As something belongs to our unconscious, it no longer flows through our hearts, but forms an enclosed body of light, a trauma, a splitting off. Of course, the split-off component itself also loses its energy supply through the separation, and falls energetically into deeper realms. In a matter of fact, the open wound which is left there in the light body wants to heal, and because of that, a human being draws experiences with their corresponding emotional signatures into his or her life. The natural cure for such splitting is through dramatic restaging of the cause of this trauma. In so doing, the "drama" provides the energy to heal, and/or via cancer. The tumour absorbs the cleavage and attracts attention to the disease and/or the disease Bioenergetics of the tumour raises the trauma in the energy level so far that the light body can heal. When this happens, a spontaneous healing of the physical symptoms occurs³⁸.

A special case can be drawn when the daily awareness is exclusively identified with the mind, and as such, the mind has fully lost its connection to the heart, and therefore the ability of compassion. Then, there is basically a rupture of the flow within the body combined with the total isolation from others, especially from possible victims. We know such people as sociopaths; in the spiritual context as "frozen souls".

³⁸ This mechanism has been described in detail by Geerd Hamer in the New Germanic Medicine manual. Cure rates for cancer by pure talk therapy with knowledge of the trauma with a successful rate over 90 percent speak for his theory.
© public domain, donations via paypal are welcome, for the author to kautzvella@gmail.com, for the translation to moniqueglibert@libello.com

So, it was in the natural order of things. But, as we know, even biotechnologically produced demons can be assigned to emotional aspects. I remember Chtulhu, the Krakow demon associated with lust and drug addiction. At the edge of this anecdote, I became acquainted with the original notation of the 7 deadly sins written by the Christian monk Evagrius Ponticus, who worked in Egypt. In those days, about 380 after Christ, they were not sins but demons, and they were eight, not seven: gluttony, fornication, greed, sadness, anger, acedia (indolence), thirst for glory and pride.

I understand these demons as biotechnologically-engineered administration programs. These have been installed to settle in the trauma-related vulnerabilities in the aura in order to block the actual healing. In other words, to block the reintegration of the actual split-off essence and to drive us further into unconsciousness.

The following description of the tricks of these demons and the instructions how to defeat them comes from a book summary by Felix Ruther, namely: Green, Anselm: "Dealing with evil" (not translated into English) The demon fights in the old monasticism. ISBN: 3878681232. Four Towers 2001. page 81. Green describes in the book the doctrine of Evagrius Ponticus. I take this passage relatively uncut because I consider it more universal than what I could draw from my own experience:

The division of the vices takes place after the Platonic tripartite division of the soul. The first 3 vices are assigned to the part of desire (epithymia), the next 3 to the excitable or emotional part (thymos) and the last 2 to the spiritual part (nous)

Today, we would probably rather make an assignment to the chakras. Greed & Gluttony = Basic Chakra; Fornication = Sexual Chakra; Anger = Solar Plexus, Sadness & Acedia = Heart Chakra; Gluttony = Third Eye or Localizable there, the Ego; and finally, Pride = Crown Chakra. All the other comments seem astonishingly contemporary in comparison to today's spiritual practices. Obviously, also with respect to vices, and on how to best deal with them, nothing has changed for 1 ½ thousand years.

The first 3 vices are basic urges. They belong to human nature and cannot be eliminated. It is about integrating them, assigning them the right amount. An adult person is expected to control these three basic urges so that they do not harm the whole of the personality. Since the impulses have a positive function, it is not about turning them off, just integrating them in an orderly way.

The next 3 vices are negative moods that are far more difficult to deal with. They cannot be controlled like the urges. A proper handling for them requires an inner maturity that can only be attained by honestly dealing with thoughts and moods, and by unconditionally opening oneself to God. In dealing with the 3 moods, it is about integrating your own shadow. First, the needs and desires must be acknowledged so that they do not uncontrollably take over the soul as negative emotions.

Even more difficult are the last two vices to tame. Fighting against them is about honesty with oneself and one's relationship with God. It is about the question of whether I want to use God and the people for me. Whether I use them for my own glorification, or whether I want to serve God, and mankind. Whether I am willing to leave my ideals and images of God. And, to entrust oneself to the real God, to surrender to his love.

a) gluttony

This demon is too refined as to call for such a primitive vice as gluttony... He only mentions reasonable reasons against fasting. His method is rationalization. Reasonable reasons hide the needs and desires behind it.

Evagrius recommends against gluttony, to avoid any saturation. So he sets an external measure, to which one should choose to adhere, in order to control any excessiveness of the inner vice. Through a regular moderate way of life, the impulsion is kept in check and gradually self regulates into the right order on its own.

Evagrius also quotes the phrase, "The Lord is my shepherd, I will miss nothing," which is to be held against the temptation.

b) Fornication

The demon of fornication works above all on the imagination, which he fills with impure images and thoughts, and thus, darkens the mind. He suddenly attacks, out of the blue and a violent passion is aroused.

Evagrius advises this temptation by hurling a fierce word (Antirretic's method) that does not analyse, but overcomes the thoughts by believing in God. By absorbing the struggle with the recorded impulse, we do not extinguish it. His positive power is integrated.

c) Greed

Again, the demon does not approach the desire directly, but pushes all sorts of reasons that speak against poverty and generosity. Again, the instinct is not instigated, but the reasons for restraining it are negated by describing the dangers which can arise from them. The thought entered by the demon creates fear and despondency. And, it robs the inner spirit from a desire to tame his impulse. With seemingly reasonable reasons, every motive to restrict oneself is called into question. But in reality, there is an infantile need to possess more and more behind these reasons. (...)

Evagrius also recommends for avarice to be dispelled by handing out alms. Love and greed cannot coexist. Therefore, one should consciously practice the art of giving away.

d) Sadness

Sadness sometimes arises through frustration within one's desires, sometimes it is a consequence of anger. The ultimate cause of sadness for Evagrius is an exaggerated attachment to the world.

Sadness narrows the human heart, binds it together, while joy widens it. Typically for sadness is the hanging onto the past, too. Everything was better there. Often one then flees into the illusory world of a transfigured past. And once you have to confront your present, you are burying yourself in your sadness. (...)

Symptoms of sadness can be eliminated by actions of self-preservation such as eating and consuming. But, if the cause of this sadness is not removed, one needs more and more of these consolations, the effect of which then lasts for ever shorter periods. Nevertheless, Evagrius knows that one cannot always go to the root of sadness. He therefore calls for psalm singing and prayer, which would dispel sadness. However, to deal with its cause, I have to change my attitude to things. When I am lesser and lesser attached to things, to people, and also to success, sadness can recede more and more in my life.

e) Anger

Wrath is closely associated with anger, because anger can often lead to sadness. Anger is the expression of a violent movement of the emotional part of the soul against the one who has done something wrong or who has been wronged.

Anger darkens the mind of man and robs him of clarity. The angry man is so exposed to his sentiment that he turns away from this towards an action, and especially here, one of revenge. If revenge is not possible, it will turn into resentment, into a discontented annoying persistent mood, or into sadness.

In anger you often fall in a dichotomy, which makes you unhappy. One instinctively knows what to do, but then, one holds off at bay all sorts of related causes. Evagrius sees through the subtle game of rationalization. He cuts it with a word of the Bible whose authority cannot be resolved by reason. "The sun should not go down over your anger."

If the anger is not worked upon before sleep, it negatively affects the unconscious and therefore you have a worse starting position the following day. One is more anxious, mentally weakened, and unable to fight his negative emotions. It is just as dangerous as to take these feelings into loneliness. Loneliness is poison here. It leads to confusion of the heart. Angry people should therefore look for the company of people, in order for their anger not to settle in them.

f) Acedia (Apathy)

This demon is the most difficult. First, it causes the sun to stop moving, and the day seems to be 50 hours. Then, he drives one to look constantly by the window and pop out of the room to glaze at the sun, if it is not yet closing time, and to look around, if anyone is on his way to come. He causes an aversion to the place in life and at work, to the way of life and work, and he gives the idea that there is not anyone to comfort anybody.

The Acedia robs the soul of any tension. You do not feel like doing anything anymore. It is therefore also called weariness or inner oppression by Cassian. This inner listlessness drives you either from sleep or from flight, into activity. Among the consequences of Acedia, Gregory the Great counts despair, discontentment, resentment, bitterness, indifference, drowsiness, boredom, escape from oneself, curiosity, dispersion in conversation, restlessness of mind and body, unrest and fickleness.

André Louf calls the Acedia: "a kind of dizziness in the face of the empty space that opens up between the soul and God, and an inability to penetrate that void or to simply endure it."

For Evagrius, the danger of Acedia is that it hides itself from the one who suffers from it. The disordered impulses take over the rule, often even under the mask of virtue. (...)

Evagrius also recommends tears as a cure for Acedia. Acedia makes you feel burned out, empty and dreary, one has repressed all the feelings so that one does not have to feel the pain. Through tears, the hard crust breaks open, and life can flow into the soul again. Evagrius also advises on a method that is also known in modern psychology. It is to imagine that you are sitting on a chair in front of yourself. And now you should start talking to your own self, sitting in that chair. One should address all his anger and desires and start a dialogue with them. You should not act authoritatively or harshly against yourself, but seriously take on your feelings and wishes.

As another means in the fight against Acedia which is been indicated by Evagrius is endurance. An advice to stay confined in the cell is given by many monk Fathers: Someone said to Father Arsenios: "My thoughts torment me by saying: You cannot fast and do not work, so at least visit the sick; for that, too, is love." But the old man, who knew the seed of the demons, said to him, "Go and eat, drink, sleep, and do not work, just do not leave your Kellion!" He knew that a persistent stay in the Kellion brings the monk back into his rightful mind.

By remaining in his cell, the monk is prevented from running away from himself and towards any temptation. Just when it begins to seethe in such a situation, one has to remain inside. Because only by staying in, one can get to the root of one's problems. At some point, everyone has to drop to their own lowest point. Leaving the cell would spoil the opportunity to get to that depth.

What could be considered as another help in the fight against Acedia is the thought of one's own death: "The monk must always be prepared, as if he were to die tomorrow, and vice versa, he must use his body, as if he is going to live with it for many years to come. So, thought of death is fruitful only if you

do not position yourself in harm's way to your health, but live in a constant tension, ready to die every day and at the same time treating your body as if it were 100 years old.

Evagrius also advises in the fight against Acedia through the practice of a regular lifestyle. Who lives his life in a firm orderly manner, cleverly arranged in the alternation of prayer and work, tension and relaxation, overcomes the challenges of Acedia: "For each work set time and measure and, do not stop until you have completed it, and pray frequently and tenderly, and the spirit of Acedia will depart from you."

By keeping an outer order, one is prevented from being at the mercy of the disorder of one's own unconscious. Poimen says, "If a person keeps order, then he will not be confused." The soul that has lost its elasticity in Acedia regains, through an external order, the inner tension necessary for its health.

g) Thirst for Glory

This thought easily creeps in with the virtuous and excites the desire to seek the glory for men. In the imagination, he lets the person cast out the concerned demons, perform healings or preach to a crowd who would like to touch his mantle.

Glory often arises where the other vices seem to have been overcome. But it spoils the desire to overcome the vices. It makes you fight for wrong motives, not to aim for an opening to God, but to satisfy the human being. As such, you lose the honest angle for yourself. Someone who identifies oneself with high ideals succumbs to the temptation of a thirst for Glory. With such an ideal being valued by people, one would strive to increase one's self-esteem by striving for it, too. It is about a glorification of your own self, not about its dedication to God. (...)

Another temptation is to act as a teacher, even though you have too little experience yourself. It is believed that one's own words have a decisive signification for the salvation of fellow men. Evagrius says, "Not many of you should become teachers, my brothers, for you know that we who teach will be judged with greater strictness." (James 3: 1)

Evagrius considers it very difficult to fight against the thirst for Glory, as each victory is the occasion for new boast. The actual victory over this cannot be won by a voluntary intention, but only through experience. Who has really experienced God, does not need to boast to mankind. Every human who has experienced God, has lost his thirst for glory. Who has not gone through this experience, should follow the spiritual rules. In such case, one does not consider himself and his success exceptional, but knows himself to be a weak fellow within a large group.

h) Pride

"The demon of pride leads the soul into the deepest fall. He persuades people not to accept God as an assistant, but to believe that they themselves are the cause of their good deeds, and to regard the brethren from above as ignorant and uninformed. "

Pride is not just the last of the vices. It is also the most dangerous vice. A proud man holds himself as a God and ultimately denies his humanity. This leads him away from reality into a world of appearances in which he inflates more and more, finally ending in total mental confusion. One denies its shadows and, without realizing it, is flooded by its unconscious. This leads to a loss of mental balance.

Such an advice is addressed against the demon of pride: One, who has come to become dispassionate through Christ's mercy, has to remember the past life and old mistakes, since one was subject to these passions. Then, consider: Who is it that protects thee?

All of these thoughts should lead to the realization that the good in us is the gift of God whom we should rejoice in. But, we always have to consider this as a gift and not as our own merit. If one looks at this, a healthy distance is created within the self. The self does have an eye for its strengths, but it knows, that all strengths are a gift, given as a task. In other words, this also means a responsibility.

(...)

The state achieved by defeating the demons is differently named by the various monastic authors. For Cassian it is Purity of the heart, for Benedict, Humility, for Athanasius Serenity, for Evagrius, Apatheia, the dispassion.

For Evagrius, prayer without distraction is a sign of that state. The back and forth within emotions has stopped. Man has found his way back to himself, not to a state of unsensitive feelings, but to a state in which he settles down with his feelings, because they are totally focused on God.

Evagrius: "Just as a mirror is not stained by the images it reflects, so the passionless soul remains unsullied by the things of this world." One sees things without having to project any of his/her own emotions and desires into them. Man can see things as they are. For the one who has defeated the demons, the world is demon-free. The demons can no longer utilize the things of this world to make them stand against him. Things do not stir up any bad emotions and impulses anymore.

Not only the relationship to things and people is in order in the now, but also in the past. Who has defeated the demons has healed his past, he has healed his own life story. The memories are no longer wounds that constantly stir up his problems, they are no longer the cause of his projections. As they are healed, they cause no confusion, no bitterness, no resentment. All the hate and bitterness we have built up in response to our insults have been exposed. So, God could heal them. Now they no longer poison our lives.

They have lost their effectiveness. The past is integrated. And so, the demons can no longer use any of it to confuse and frighten us, to cause anger, rage or sadness in us. And because the past is healed, we can pray to God without distraction. The memories of one's own wounds no longer appear in prayer to keep us in a state of separation, away from God. We are able to be fully present, fully open to the present God.

The first method to be applied in the fight against vice is a close observation of thoughts and images. Above all, the observation of how the thoughts and feelings relate to each other, and how they follow one another. Once you have seen through the interrelations between thoughts and feelings that run through us, time and time again, you have already taken the first step in the fight against these demons. To only complain about bad mood or about weaknesses against certain temptations does not help. The key is to discover their causes. Which internal and external factors are dependent on them. The preceding occurrences are divided into 4 groups:

- spatiotemporal circumstances
- social conditions,
- the behaviour of other people, and
- your own thoughts.

A self-observation during the temptation is probably rarely possible, so you should exactly reconstruct the situation afterwards. It will not be easy to avoid any temptation, but if you retrospectively analyse the situation, and examine which mechanism has lapsed out, you can be on the lookout for a similar overwhelming case.

Short note: This is the big advantage of an actual withdrawal from the world. In a retreat, the head empties itself at some point, and when the day consciousness is deprived of direct interaction, the brain begins by itself to play through the archetypal fantasies, that need to be understood in order to get behind the destructive patterns. In a retreat, it is easy to pay full attention to the analysis of the fantasies.

Antonius says it is important to name the demon. Once we call a thought, an intention, a feeling, a passion by name, we have already gained some distance.

Evagrius recommends the so-called antirrhetic method: one should throw very specific words at the demon. Antony asks the monks to despise and laugh at the demons. Through Disenchanting, you

activate your emotions and hurl them at the demons. This is an effective way, from a purely human point of view, at mastering thoughts. But this ridicule is grounded in Antonius's faith within the presence of the Lord, who assists one in battle and guarantees victory. Out of this belief Antonius repeatedly hurls words out of the holy scriptures against the demons.

However, this last piece of advice does not seem contemporary to me. In the Shamanic tradition, it takes two steps to get rid of a demonic entity. The first one is to gain an understanding of both the trauma and the deal one made with the demon, the trauma needs to be healed, the deal cancelled, and then the demons are given the choice of going into the "lift of growth" or being dissolved. When they decide to grow, the rest happens by itself. If they opt for dissolution, it is through the violet flame of transformation that we humans can summon through visualization.

4. Secularization and rationalism

The term Enlightenment, also used for the "clarification" of arbitrary facts and used over other circumstances too, since about 1700, designates the entire project to overcome all structures obstructing progress through rational thinking. It was about creating acceptance for newly acquired knowledge. Since about 1780, the term also refers to this spiritual and social reform movement, its representatives and the past Age of Enlightenment in the history of Europe and North America. It is usually dated to about 1650 to 1800.

Translated from the German Wikipedia

The word rational is essential in this regard. Rationality is an aspect of the mental. We can only think rationally, never feel rational, this term cannot be applied to feelings. When I think, then I dissect a continuous reality into concepts, and put these concepts into binary interrelationships. Thus, already with the choice of the tool, two major sources for error are incorporated. When I separate, I rationalize, then, I hide everything except for the dual choices made, and when I look at binary interrelations, I blank out all fluid and complex relationships. Of course, this language-based system also has its advantages, it helps to focus on the essentials, and assists in a communication of these essential aspects, but one should never forget that, if you look at the essentials, you ignore the entirety of the whole.

Causality, as a pattern, is indeed copied from one aspect of the world, but, in everyday use, it is first and foremost a characteristic of the linguistic tool, not the reality described.

It is good to be aware of the reason for this structure, too. The vertebral symmetry of the sixth chakra, which is associated with the mind, is binary, in a 180° rotationally symmetry. The associated mandala is a two-leafed flower. All thinking structures are binary, this is why there are up and down, left and right, hard and soft, yes and no, cause and effect. This has a hundred times more to do with the nature of the filtering mind than with the reality we understand through that mind. Linearity is a rare exception in our reality except in the architecture and technology created by our linear mind. Nature is nonlinear, fractal, unpredictable and at the same time full of synchronicities.

For the ancient Greeks such reflections were still part of philosophy, but with the Enlightenment we lost our last access to nature, – at least until the chaos theory was founded.

In the 17th century there were internal and external conflicts. The Catholic Church had a monopoly on the explanation of the world, which because of its dogmatic nature, was increasingly shaken by scientific knowledge issued from the Greek tradition. The first real fiasco was the change from the geocentric to the heliocentric view of the world, after which the church would rather risk nothing more and they agreed on a horse trade: Secularization. The church should take care of the souls. The state would remain around the secular. The division of the world into two rations: Division.

Dogs, when confronted with a double bind, die of an inner turmoil. With us, it had to go for a word, which was slippery like balm on the gaping wound: Faith.

Faith is a word whose only purpose is to conceal an open contradiction. Here comes this delusional iridescence in the eyes of some believers.

If I cut something holistically into two halves at random, I should not be surprised if both halves are damaged.

Spirituality has lost its claim to be based on experience. That is fatal. People believe: they believe in God, believe in Jesus, refer to saints and blood-weeping wooden figures, but their very own spiritual experiences no longer matter in everyday life. Jesus would burn the Vatican roaring, Maria would drown in her own tears if she had a body to cry. Not only has the cut blinded Christendom, the poison is everywhere, the cut is between spirituality and esotericism. The whole new-age esotericism is mental, – in English, "mental" means "crazy" at the same time, because there is still some truth shining through. That is why it is so easy for the black magic NWO agents to throw a blinding cover enabling them to make the new age movement their new world religion. And this is because nothing they say collides with lived spirituality, with an immutable experience. Experiences have become the domain of the few chosen goers behind which the others race, the saints, sages, priests, gurus, and more recently hosts of self-proclaimed miracle and spiritual healers. A channelling here, a few ET's there, and as a macabre proof of their omnipotence, they also turn the earth into a disk, again.

The damage to science is not lesser. Science has taken the claim to possess the full understanding of reality. All it does is to linearize reality in order to calculate it, and anything that cannot be measured against these limited instruments, nor can be calculated with available math is declared non-existent. While this denial of the nonlinear has no pathetic name, it is an exact counterpart to belief. The finest "measuring instrument" that exists, i.e., our own ability of perception, of self-perception, compassion and remote viewings, is excluded because branded "subjective". Anyone who does not know the capabilities of any healthy person, who has not experienced how precisely science can be operated with clairvoyant but "intersubjective" perceptions, may find this surprising.

If we observe the reception-history of chaos theory and quantum physics, we can understand how deeply this wound still prevails today. Chaos theory and quantum physics have their fingers very effectively and scientifically located in this wound. However, aside from the CIA concept of controlled chaos, this shift to the non-linear has not had any impact on our day-to-day lives.

Next, it is said in the above definition of the Enlightenment: ... *to overcome all structures obstructing progress through rational thinking*. Originally, the stubborn Dogmatism of the church was meant there, but this is now aiming at something else: holistic thinking. Progress today means making everything feasible, only under a calculable aspect of profit maximization, or other linear, binary and mathematical calculi such as the balance of power (my translator wrote "equilibrium in terror". I am not sure if it is the common term, but definitely the better and cuter one ;-)) or the exponential technological progress of the transhumanists, which will soon be leading us all into the singularity. Anyone who is able to look closely in the faces of the scientists will discover the same delusional splendour as what can be found among the faithful.

When I look at the whole, I see how the dogmatic backwardness of the Church has got us stretched like a bow, and now we fly on the arrow of progress towards a goal that we can no longer control, – even if we were to realize that this singularity is our own end. I would go for another move.

But this is all an illusion. We can heal that cut within ourselves. We can re-consider things, and then, "go" where we really want to go too. It is easy. The bow is illusion, the arrow is illusion, only us, WE, are real.

I had the idea to close each chapter with an exercise to perform. But, it is difficult to make a single recommendation here.

For those who just enjoyed the clear words in this chapter, they have already arrived home. I have nothing to recommend.

For those who are close to tears or filled with pain, they have something still to heal. It is required to pass through this pain, always via the most intense point, until everything is healed.

Anyone who feels anger against me for offending their beliefs or their minds is probably consciously or unconsciously facing a fear-gate. Science and faith are crutches, which give us the illusion that we are not responsible for what we do. But this is again an illusion. It was not the way chosen by Source to tell us what to do, it has never been so. He waits for us to follow our conscience. This is his quiet voice inside us. A belief that suggests something else is almost certainly satanic. And science wants us to believe that it is enough to know what is right and wrong in a scientific sense, because it is satanic, too. Yes, even Einstein was especially proven right with his nuclear fission postulate in Hiroshima. Who feels anger against me, let him stand on a tree stump, from an old freshly stroked tree, and ask Mother Earth from the heart to guide him through his fear gate into wholeness.

5. Money Games

Circles in Time

Intro (spoken): Some time ago scientists taught a group of apes how to use money. Well, the cuties caught that game. It took a few weeks and the girls did it for cash, and the boys started to steel and betray.

(mind state)

Can't stop the game. The burning flame.

Won't stop the game, the more you claim.

Can't stop the game. A soaring train.

Won't stop –

(soul state)

*Open your eyes, and feel the soil,
that stands under your feet.*

*Open your arms, accept the gifts,
of mother earth unfolding.*

*Open your heart, and dare to share, what
this mercy-, merciful God lays in your hands.*

No!

(mind state)

You play the game, and put the blame.

You're in the chain, and put the blame.

You watch it plain, and put the blame.

On the system.

(soul state)

May God bless the seeds, unfolding in chains.

the hearts that open in fire,

the ones who will burn on the pier

who need but do share,

who cry but still dare,

who die but do care...

(mind state)

to stop the game, the burning flame

to stop the game, just change their aim

to stop the game, that soaring train.

Just stop!

(soul state)

Open your heart, and you will find,

that paradise is a state of the mind.

A place in your heart, that waits to be settled.

Walk through the desert and you will see,

that drought is only the absence of rain.

Dive through your tears and you will find,

that your fears and your hells form circles in time

(mind state)

So stop! To foolish this game,

Stop, but don't put no blame,

Wake up! It was only a game,

no don't be ashamed, just break up the chain.

(soul state)

Open your mouth, breath in and cry out
Cause your soul now has reached the horizon
Breath in and breath out, beyond this no doubt
You'll know who you are and where heading
Breath in and breath out, beyond this no doubt
Your soul will have reached out for heaven.

*I have written this song for Nneka, a German-Nigerian
Soul singer, in a ten-minute flash of inspiration during working hours,
pretending I am on toilet. Apologies to my employer for the stolen
time. Unfortunately, Nneka doesn't perform lyrics not written by herself.*

Incidentally, this little introduction is serious, the one about the monkeys. The experiment took place. The monkeys became addicted to gambling, crime and prostitution came about. As with us, we have become victims of a gambling addiction, too.

"Game is a voluntary act or occupation performed within certain fixed limits of time and space following voluntarily accepted but unconditionally binding rules, having its goal in itself and accompanied by a sense of tension and joy and a consciousness of being different from the 'ordinary life'."³⁹

We play this game with such an obsession that those who break the rules or simply do not want to play anymore are punishable by being enclosed in cells of approx. 7 square meters for decades. I feel we should look closer into this madness.

The original meaning for money was a facility in the course of exchanges. One chose something that was tended to be useless, like shells or this metal, which is quite pretty and incredibly resistant to corrosion, but too soft for tooling, and declared it a currency.

The idea in itself simplifies and inspires the exchange, – and makes it what we know today as trading. A promise of trade:

- Security, because everything is always available for any purchase,
- Control over your own life, because you can always get everything for money,
- Independence, when you have money, it does not matter if others like you,
- And, power, because you can make others who need money do things they would never do for you otherwise.

We use this power on a daily basis without thinking about it, directly or indirectly via the corporate hierarchies.

This game also has a downside, otherwise it would not be exciting. If we have no money, we are fucked, relatively in the butt. We, Germans in the second worst case on Hartz 4 (UB40), in the worst case, wage slave in a job that makes us unhappy and still doesn't make us earn enough to survive. In other countries, mothers cook stones in the evening, hoping that their starving children will fall asleep over the clatter from the pot. It is important to realize that these children do not starve because there is not enough food. They starve because money has become the only motivation for us to act. In the German language there is an installed linguistic trap: the word "handeln" can be used in the sense of "acting" as well as "trading", in the sense of exchanging goods for money. This is a black magic double meaning, which ensures that we can find the delusion that what we live there is normal.

³⁹ Huizinga: 1938/1991, S. 37

Interesting in the list of benefits from money is that all these supposed benefits are also more likely to fuel the ugly options of being human such as fear, loneliness, or cruelty. The need for security springs from fear. The need for control springs from uncertainty and generates disrespect. It is actually a typical 'Borderline' behaviour. This independence we are promised from money is an expression of social phobia. And, power remains power, more about that in the next chapter.

Since the beginning of this game, a lot has happened. We forgot that we are players. The lack of thinking and the consequent greed, the fear, loneliness and cruelty has taken so much space in us that we think that the world without money would be unfair and we all would have to die; or go back to the trees. With the introduction of compound interest, the pressure in the game has been greatly increased, and the constant outflow of compound interest has been draining the liquidity available on the markets for decades, which has forced us into this growth constraint and debt excesses. In particular, the compulsion to grow, which, although mathematically quite obviously a Ponzi scheme, belongs to the absolute basic repertoire of politically desired economic policies, has the consequence that a consumer product may not last more than two years today. As a result of the run-off of compound interest, since the introduction of paper money in the first and in bank money in the second step we exchange between each other only one percent virtual assets, and up to 99% virtual debt. Debt that we have to face, of course, because the consumer products are constantly broken. Nevertheless, we equate the observance of the rules of the game with justice and equitable fairness, while 62 super-rich people have 50% of the quantifiable values of this world, or to grasp the dynamics differently, the eight richest as much as the poorer half of the world population combined.

Although this whole built construct is obviously feeble-minded, it, nonetheless, proves to be extremely stable, – until the unavoidable collapse of the Ponzi scheme. But then it is not over! Then, it is harvest time for the super rich's, they buy land, houses, factories and raw materials. Who wants to get out of this delusion must have enough money to buy a prepper-style farm with wind-powered electricity and dwell, but that is where the dilemma usually starts.

This is because there is really no escape within this playing field. If we want to escape the game, we have to realize that the "game" is something within us, and put an end to it within us. We have to understand that it is something that is there because we identified with it. In fact, we can only end it once we finish the game inside of ourselves. The gambling addiction in us must be cured. Only then, do we recognize the abundance of motives for a real action, and unfold the power to follow these motives.

The most beautiful definition of happiness for me: Doing everything out of its very innate motivation.

In addition to the double meaning of "handeln" as "acting/trading," in German there are three other linguistic pillars. These maintain and support this playing field in us: These words are "value", "Schuld (with a double meaning in German as debt/guilt)" and "law".

Anyone who can emancipate him/herself from these words is out of this field. All these words carry a similar delusion, and they all do so through double meanings.

Law means both descriptive natural law, and normative state law, this is what blurs their meanings. Natural law describes things in their nature, such as gravity. Or, it describes karmic laws. The state law prescribes arbitrary rules of behaviour. Natural laws are inevitable. State laws are arbitrary, formulated by the militarily most successful highwaymen who were able to rescue their consumption predatory areas from the Middle Ages into modern times. It is not about breaking them. It is about losing all respect for them. Only then, we have an inducement for a rediscovery of our humanity, through our own spiritual decision, out of ourselves.

The German term Schuld (guilt/debt) is originally a spiritual experience. If I have done something and another person has been affected by it, then through the sympathy with the injured person, a learning process sets in. The one who caused the damage will feel the need to confess his mistake to the injured party and, if necessary, make good the damage in order to restore confidence and mutual wellbeing. This is actually quite natural. If the ability to compassion is lacking, or if I refuse it for fear of experiencing pain, then a perception of this imbalance remains in me. It is like a chronological frame up to its enunciation. We call this perceived imbalance guilt. Part of this feeling is the expectation of legitimate mistrust or anger on the part of the injured party. Guilt is a quiet, inner feeling. What we feel in regards to a third person is shame. There are quite a few other types and varieties of shame that are most commonly put on us in childhood, but this is yet another topic. Understandably, the apology works only in true compassion. This is why we say: "I am sorry." "The German version is even a bit more precise, it literally translates to "it gives me suffering". Otherwise it would be a lie. The Catholic Church has taken that away from people. She simply stated that the guilt lies with God and then, dedicated herself to bestow indulgences as God's representative. That was the first attempt of this monetarisation of a feeling. The second step came with the founding of the Protestant Church in Scandinavia, which decoupled the psychological system of indulgence from the Church, i.e. abolished by the church, and implemented it through banking. So the concept of guilt/debt finally moved onto money, so we feel guilty when we have debts. But one thing has nothing to do with the other. That means we can breathe easily. We did not hurt any of the bankers. They create money from nothing, lend it to us and want us to feel guilty about it so that they can collect the compounded interest, for which they have never even laid a finger. This is parasitic. This has brought much suffering to people. Once these bankers will have learnt to feel something again, they will feel a grave guilt to the rest of humanity.

In this context, the last black magic word with a double meaning would be "value". It is said in this arena: "Everything has its price". I say: everything has its value, we just have to forget what it costs, and remember what it actually means, what we truly value. We find this real value in motivation. It is nonlinear, i.e. it is not quantifiable. It is the fulfilment of a need, the arousal of a feeling, the satisfaction of a curiosity, or the touch of the Higher Self through its beauty.

Imagine what a difference it would make to the planet if everything was bound to our motives: the fulfilment of a need, the arousal of a feeling, nursing a curiosity, reaching to the higher self through beauty. Our current motivation for any action before closing time is to get a grip on money, believing that we could buy others, have the satisfaction of our very own needs, with this money. The reality is often different: Because of money, we usually do things that we hate during the day to be able to afford things in the evening, which stun our grief for having wasted the day on things we hate.

All to do with money has a very peculiar dynamic. It takes us a while to obey the cosmic laws of abundance again. That is, to rediscover a need, – speaking from my own experience, – for a process with a transitional period, in which one must prove his trust in the creation. In these times, it is about "working", because things have to be done for the good of humanity, or, to draw on the whim, and welcome it, when someone gives, out of gratitude.

There is no routine for that. Everyone can go for it immediately. I chose the path of "slavery". I gave my working energy to a company, without limits, stayed with the company owners and was provided with food. I have had virtually no contact with money for a year. My employer had another learning task, he had to find the inner measure of how much he could ask of me without taking advantage of me. He had pulled the heavier lot with it. Seen that way, it is a "Consensual" slavery. This is been a better system than the free labour market, as it brings the "masters" as well as the "slaves" in the fully conscious self-responsibility.

By the time the big Ponzi Scheme collapses, all humans will have to enter into a similar or analogue relationship if they want to survive.

6. Power games

Divide et impera (Latin for divide and rule) is an idiom (in the Latin imperative); It recommends splitting a group in order to defeat or control it (as a nation) into subgroups with conflicting interests. This is to ensure that the subgroups turn against each other instead of standing as a group united against a common enemy.

Wikipedia

Before we turn to the realities of our life together, I would like to outline what could be an ideal childhood, – as if we lived fully consciously, and in the natural order of things.

Childhood is a time of a conditioned self-responsibility. Our mothers take care of us and give us security, mediate in a dispute among siblings, and save us from the dangers of everyday life. Our fathers show us what it means to be in the world and to communicate in the outer circles of society. They show us courage, creative will and craftsmanship, a sense of responsibility and, if necessary, fighting spirit. We learn to find our balance within the world, and as we experiment in this learning process, our parents set boundaries to avert harm from ourselves, or others. This outline is subject to change, as it represents the typical patriarchal order. As childhood continues, we mimic the adult world in the game. For boys this phase ends at age 13 with the initiation into adult life. In the original societies, quite dangerous initiation rituals often initiated this metamorphosis. These involved overcoming one's own anxiety and moving into self-reliance: spending one night alone in the desert; to go hunting alone. Unlike in a masculine initiation, for women, the mechanism works to this day: it is the experience of pregnancy transforming a Misses into a Miss.

Within childhood, mechanisms such as anger also have their place. Parental wrath helps the child learn to control his/her inner impulses when they violate the limits set by adults. This anger is a vibration of love, and basically represents the necessary energy transfer from parents to children, allowing the child to overcome his inner hurdles, which would not be able to be overcome otherwise, by the self, alone. For later, he can take that energy to strengthen his own self-control.

Now back to reality: Our initiation rituals have withered to empty gestures such as communion, confirmation, bar mitzvah, and youth consecration, adulthood just does not happen anymore. Inasmuch as all sorts of social constructs are trying to fill this created power vacuum bequeath by the parents for themselves. The "our Father who is in heavens" claims the role of father for himself, and since the Enlightenment, "the Mother State" also vies for such a role. However, the presence of an abstract father role that cannot be integrated through a successful initiation prevents any kind of real adulthood. Church and state have set their claims, there is no free ground left. We are forever children, and we carry these non-integrated role patterns into adult life: As perpetrator (father), rescuer (mother) and as victim (child).

This perpetrator-victim-saviour triangle is also referred to, in psychology, as the "drama triangle". A simple look at our reality of life shows that it is completely dominated by these unresolved role patterns of initiation.

The world political chess moves from the various states are justified with the propaganda's help of what should be role schemes and processes. As the rogue dictators are executed by US Marines in order to smash the "axis of evil", and the UN sent white helmets to save the Tutsi

from the Hutu, even if they came a few days late as they could not agree on the colour of the troop transport livery. Any form of secular hierarchy consists of chained drama triangles, with the boss in the offender role, the subordinate in the victim role and the union or the trust officer in the role of a saviour. The Democratic culture is based on relinquishing personal responsibility, and then, allowing oneself to be governed. As such, this brings us completely into the role of victims. On this one day every four years, when we "cast our votes", and from the illusion that we have the choice between the perpetrator and the saviour, naturally choosing the saviour, not realizing that any decision is just ours Victim role cementing an identification with this eternal child-being.

Democracy involves a promise that may sound sweet in children's ears. This is the promise of shared responsibility, a responsibility that no one needs to stand accountable for. But even this promise is never fulfilled, as over, again and again, the politicians in the democracies never perceived the will of the people. And while people are waiting to redeem this hollow promise, democracy is showing its true face: it is the blueprint for enforcing corporate fascism, the unrestrained, inhumane rule of corporations and banks. I say it again very clearly: the only attractive thing about democracy is an empty promise. And if someone still protests inwardly, or a quiet voice announces that democracy is still the best of all systems, then I say to this person: "no, the western democracies are the last dirt on which this planet is just dying." I do not want any other "system" that robs people of their responsibility. I want to see adults on this planet.

I just deliberately chose harsh words. I wanted to give you a taste of what it feels like to be in the Drama Triangle. I slipped into the shadow father role, and I poured some anger over you. I wish that you develop through this, a sense for what the boundaries ought to be.

While we remain eternally children for a state and a church, the midfield provides the perfect playground for role-playing games and roles change, through all its hierarchies and conflicts. This change in role-play has given us the illusion of having a choice and that it could make a difference. On closer inspection, however, they also show how perfidiously the whole thing is organized, and that there is no escape, as in the game of money on the playing field. The rescuer is usually martyred and victimized before he reaches his destination. Or he becomes tired of this role and simply leaves his victim to cope with the weather, transforming himself in the culprit, at least in the eyes of the victim. Even the victim becomes fed up at some point, and becomes, in his turn, the perpetrator. As such, holding the memory of their own victimhood role as a justifying shield over self, or, alternatively, the opera begins again on the other corner of the triangle, and instead of saving themselves, they save all the others. And when the culprit gets tired of his guilt and his shame, he feels he needs to be himself punished. Therefore, he orchestrates his own demise, or else, he pleads for extenuating circumstances by magically transforming himself into a saviour. This is what we call the leniency program.

We should grow up – instead we play the roles of mom, dad, or children.

The effects of these failed initiations are everywhere.

Lynne Forrest describes the three roles with perspective on the private circuit in her essay, "*The Three Faces of Victim*".

Rescuer

The Rescuer might be described as a shadow aspect of the mother principle. Instead of an appropriate expression of support and nurturing, the Rescuer tends to “smother”, control and manipulate others – “for their own good,” of course. There is a misguided understanding of what it is to encourage, empower and protect.

A Starting Gate Rescuer is the classic, co-dependent. The SGR tends to be enabling, overly protective – the one who wants to “fix it.” Rescuing is an addiction that comes from an unconscious need to feel valued. There’s no better way to feel important than to be a saviour! Taking care of others may be the Rescuers best game plan for getting to feel worthwhile.

SGR’s usually grow up in families where their dependency needs are not acknowledged. It’s a psychological fact that we treat ourselves the way we were treated as children. The budding Rescuer grows up in an environment where their needs are negated and so tend to treat themselves with the same degree of negligence that they experienced as children. Without permission to take care of themselves, their needs go underground and they turn instead to taking care of others.

A SGR often gains great satisfaction by identifying with their care-taking role. They are generally proud of what “helpers” and “fixers” they are. Often, they are socially acclaimed, even rewarded, for what can be seen as “selfless acts” of caring. They believe in their goodness as chief caretakers and see themselves as heroes.

Behind it all is a magical belief that, said out loud, might sound like, “If I take care of them long enough, then, sooner or later, they will take care of me too.” But, as we’ve already learned, this rarely happens. When we rescue the needy, we can’t expect anything back. They can’t even take care of themselves – much less be there for us!

Often the resulting disappointment sends the SGR spiralling into depression. They fail to see that they, themselves are heading straight for victim through their enabling and disabling responses. Having denied the ill-begotten consequences of rescuing, these “do-gooders” find it very hard to hear themselves referred to as a victim even while they complain about how mistreated they are! Martyr is what a SGR turns into once they’ve moved into the victim position on the triangle.

Feeling used, at the mercy of, betrayed, and hopeless are trademark feelings of the victim phase of a Rescuer's dance around the triangle. Common phrases for the martyred SGR are; “After all I've done for you, this is the thanks I get?” or “No matter how much I do, it's never enough”; or, “If you loved me, you wouldn't treat me like this!”

A SGR’s greatest fear is that they will end up alone. They believe that their total value comes from how much they do for others. It’s difficult for them to see their worth beyond what they have to offer in the way of “stuff” or “service.” SGR’s unconsciously encourage dependency because they believe, “If you need me, you won’t leave me.” They scramble to make themselves indispensable in order to avoid abandonment.

SGR’s are oblivious to the crippling dependency they foster. They are unaware of the disabling messages they send through their enabling interaction with others. The more they rescue, the less self-responsibility is taken by the ones they care-take ... The less responsibility their charges takes, the more they rescue ... it’s a downward spiral that often ends in disaster.

A SGR mother of two out-of-control, teenage sons described it well. She said, “I thought my role as a good mother was to make sure my sons toed the line – I thought I was supposed to make sure they did the right thing. Because I believed that I was responsible for the choices they made, I told them what to do and constantly attempted to control their behaviour.”

Should she be surprised then that her sons blame everyone around them for the painful consequences they experience as a result of their own poor choices? Like her, they have learned to think that their behaviour is her responsibility, not their own. Her incessant and futile attempts to control them causes constant battle between them, making it easy for the boys to blame their mother for the problems created by their own irresponsibility. Out of her own need to be seen as a “good mom”, this co-dependent mother unwittingly taught her sons to see themselves as hapless victims whose unhappiness was always somebody else’s fault. There’s a good possibility that at least one of these boys will become a Starting Gate Persecutor. Certainly- the set-up is in place for that to happen.

This mother, as is often the case, was convinced that her sons were incapable of making good choices. She had a long list of evidences to back up her concerns. This accumulated evidence justified her “obligation” to control her sons choices. But because they were teenagers, she could no longer force their compliance like she could when they were younger. Inevitably she would end up feeling helpless, inadequate and like a failure as a mother (victim position). She would either give in to their demands or “persecute” them for not obeying. Either way, she (and they) felt bad. Then would come the guilt or remorse which would motivate her to try to “fix it” once again. And she finds herself back in her original Starting Gate Rescuer position for the cycle to start anew.

We met Sally earlier, who grew up seeing her mother as weak, helpless and ineffectual. From an early age, she felt a huge responsibility to take care of her frail, drug dependent parent. Her own well-being depended on it! As the years went by, however, she could scarcely contain the inner rage she felt towards her mother for being so needy and weak. As a SGR, she would do all she could to bolster her mother, only to come away again and again, feeling defeated (victim) because nothing she tried worked. Inevitably the resentment would take over, leading her to resort to treating her mother with scorn (persecutor). This became her primary interactive pattern, not only with her mother, but in her other relationships as well. By the time we met, she was emotionally, physically and spiritually exhausted from having spent her life taking care of one sick and dependent person after another.

It becomes the job of the Rescuer to keep the other propped up – “for their own good,” of course. Having a Victim is essential in order for the SGR to maintain the illusion of being one-up and needless. This means then, that there will always be at least one person in every SGR’s life who is troubled, sick, fragile, inept and therefore dependent upon them. If the SGR’s primary victim starts taking responsibility for themselves, the Rescuer will either have to find a new victim or address their own shadow needs.

Regardless of the circumstances of the one a SGR feels compelled to rescue – no matter how “badly” the victim may need help, rescuing can lead only one place – victim. If you are a primary Rescuer, this does not mean you cannot be loving, generous and kind. It is certainly possible to be helpful and supportive without being a Rescuer. There is a distinct difference between being truly helpful and rescuing.

Authentic helpers act without expectations for reciprocation. They empower rather than disable those they serve. What they do will be done to encourage self-responsibility, rather than promote dependency. True Supporters believe that the other can handle their own business. They believe that everyone has the right to make mistakes and learn through sometimes hard consequences. They trust the other has what it takes to see themselves through times of difficulty without they, as Rescuers, needing to “save” them.

Starting Gate Rescuers, on the other hand, don’t take responsibility for themselves. Instead, they do for others in an attempt to get validation or feel important or as a way to foster dependency. Victim is just round the bend.

Persecutor

Like the other roles, the Starting Gate Persecutor is shame based. This role is most often taken on by someone who received overt mental and/or physical abuse during his/her childhood. As a result they are often secretly seething inside from a shame based wrath, that ends up running their lives. SGPs, for survival sake, repress deep-seated feelings of worthlessness; they hide their pain behind a facade of indignant wrath and uncaring detachment. They may choose to emulate their primary childhood abuser(s), preferring to identify with those they see as having power and strength – rather than become the “picked on loser” at the bottom of life’s pile. SGP’s tend to adopt an attitude that says; “The world is hard and mean ... only the ruthless survive. I’ll be one of those.” In other words, they become perpetrators. They “protect” themselves using authoritarian, controlling and downright punishing methods.

In the same way that the SGR is the shadow mother principle, the SGP is the “shadow father principle.” A healthy father’s job is to protect and provide for his family. Rather than providing nurturing direction, the SGP attempts to “reform” and discipline those around him using manipulation and brute force.

The SGP overcomes feelings of helplessness and shame by over-powering others. Domination becomes their most prevalent style of interaction. This means they must always be right! Their methods include bullying, preaching, threatening, blaming, lecturing, interrogating and outright attack. They believe in getting even, very often through aggressive acts. Just like the Rescuer needs someone to fix, the Persecutor needs someone to blame. SGP’s deny their vulnerability in the same way Rescuers deny their needs. Their greatest fear is powerlessness. Because they judge and deny their own inadequacy, fear and vulnerability, they will need some place else to project these disowned feelings. In other words, they need a victim. They need someone they perceive as weak to prove to themselves that their own destructively painful story about the world is true. Both Rescuers and Persecutors unconsciously “need” a Victim in order to sustain their idea of who they are and what the world is like.

SGP’s also tend to compensate for inner feelings of worthlessness by putting on grandiose airs. Grandiosity inevitably comes from shame. It is a compensation and cover-up for deep inferiority. Superiority is the attempt to swing hard to the other side of “less than” in order to come across as “better than.”

It is most difficult for someone in Persecutor to take responsibility for the way they hurt others. In their mind, others deserve what they get. These warring individuals tend to see themselves as having to constantly fight for survival. Theirs is a constant struggle to protect themselves in what they perceive as a hostile world.

Joseph was from a prominent, wealthy family. His parents divorced and his father was angry, remote and used his money to control others. His mother was an alcoholic who brought home men who abused her and Joseph throughout his pre-adolescent and adolescent years. He, early on, learned that his only chance for survival was to fight. Joseph ploughed through life with his head down the way a bull rages across a bullfighter’s pen. He constructed his life so that there was always an enemy that had to be fought.

On the outside, Joseph exhibited a swashbuckling, “I don’t give a damn” persona – he was ever ready to gamble or take careless risks with his health. But on the inside, he was bitter and unhappy. He shared with me how exhausted he felt from a belief that he needed to maintain constant vigilance; he felt a desperate need to keep a watchful eye out for those who wanted to hurt him or his loved ones.

Joseph was constantly involved in court battles and even out and out, physical brawls. He was always in need to get himself out of one “scrape” after another. To his way of thinking these occurrences were always somebody else’s fault. He could not resist what he felt was justifiable retaliation. “I can’t let them get away with it!” was his most common response.

Joseph saw himself as someone who did not get the protection he deserved. This belief justified taking matters into his own hands. At least that’s how he saw it. He trusted no one. Not even his parents had

been reliable, so whom could he depend on? This attitude prompted him to be in constant defence mode. He had to be ready for the next attack!

Joseph is an example of a classic Starting Gate Persecutor. It is easy to think that Persecutors are “bad” people. They are not. They are simply wounded individuals who see the world as dangerous. This requires that they be ever ready to strike back. They live in constant defensive reaction.

It is always difficult for SGP’s to perceive themselves as persecutors. It is much easier to justify the necessity for persecution (thereby identifying with victim) than to own the oppressor role. The SGP cycle looks something like: “I was just trying to help (rescuer), and they turned on me (victim), so I had to defend myself by striking back (persecutor).”

It can feel very threatening for someone stuck in Persecutor consciousness to get really honest with oneself. To do so feels like blaming oneself, which only intensifies one's internal condemnation. SGP’s need to have a situation or person they can blame so they can stay angry. Anger, for a SGP, can act as a fuel within the psyche to energize oneself. It may be the only way they have of dealing with chronic depression. SGP’s often need a jolt of rage the same way other people depend on a shot of caffeine. It jump-starts their day and provides them with the energy needed to keep them on their feet.

Just as with the other roles, self-accountability is the only way off the victim grid for the SGP. There has to be some kind of breakthrough for them to own their part. Unfortunately, because of their great reluctance to do so, it may have to come in the form of crisis.

Ironically, a main exit way off the triangle is through the persecutor position. This does not mean we become persecutors. It does mean however, that once we decide to get off the triangle, there most likely will be those who see us as persecutors. (“How can you do this to me?”) Once we decide to take self-responsibility and tell our truth, those still on the triangle are likely to accuse us of victimizing them. “How dare you refuse to take care of me” a Victim might cry. Or “What do you mean you don't need my help?” a primary enabler storms when their victim decides to become accountable. In other words, to escape the victim grid, we must be willing to be perceived as the “bad guy.” This doesn't make it so, but we must be willing to sit with the discomfort of being perceived as such.

Victim

The role of Starting Gate Victim is also a shadow aspect. It is the wounded shadow of our inner child; that part of us that is innocent, vulnerable AND needy. This child-self does need support on occasion – that’s natural. It’s only when we become convinced that we can’t take care of ourselves, that we move into Victim. Believing that we are frail, powerless or defective keeps us needing rescue. This relegates us to a lifetime of crippling dependency on our primary relationships.

A SGV has accepted a definition of oneself which says they are intrinsically damaged and incapable. SGV’s project an attitude of being weak, fragile or not smart enough; basically, “I can’t do it by myself.” Their greatest fear is that they won’t make it. That anxiety forces them to be always on the lookout for someone stronger or more capable to take care of them.

SGV’s deny both their problem-solving abilities and their potential for self-generated power. Instead they tend to see themselves as inept at handling life. Feeling done in by, at the mercy of, mistreated, intrinsically defective or “wrong,” they see themselves as broken and unfixable. This doesn't prevent them from feeling highly resentful towards those on who they depend. As much as they insist on being taken care of by their primary rescuers ... they nonetheless do not appreciate being reminded of their inadequacy.

The very thing a Rescuer seeks (validation and appreciation) is the thing Victims most resent giving because it is a reminder to them of their own deficiencies. Instead they resent the help that is given. SGV’s eventually get tired of being in the one-down position and begin to find ways to feel equal. Unfortunately, this usually involves some form of “getting even.”

For an SGV, a move to persecutor on the triangle usually means sabotaging the efforts made to rescue them, often through passive-aggressive behaviour. For example, they are skilled at playing a game called, "Yes, but"

It works like this...

The SGV's rescuer offers a helpful suggestion to some complaint or problem voiced by the Victim. The SGV immediately turns the suggestion on its ear with a response like; "Yes, but that won't work because ...". The SGV then proceeds to "yes, but" any and all suggestions, as the Rescuer tries, in vain, to come up with a solution. The SGV is determined to prove that their problem is unsolvable, thus stumping the Rescuer, leaving them to feel as impotent as the SGV innately feels. They may also resort to the persecutor role as a way to blame or manipulate others into taking care of them.

Convinced of their intrinsic incompetence, SGV's live in a perpetual shame spiral, often leading to self-abuse. Abuse of drugs, alcohol and food, as well as gambling and out of control spending are just a few of the self-defeating behaviours practiced by SGV's. SGV's walk around much like the Charlie Brown character, Pig-Pen in his whirlwind of dust, except Victims live in a vortex of shame of their own making. This cloud of defectiveness becomes their total identity.

Linda was the second-born in her family. Almost from birth, she had problems. Linda was a child who was forever in trouble of one sort or another. She struggled academically, was perpetually disruptive and often sick. It came as no surprise to anyone when she got into drugs as a teenager. Her mother, Stella, was a die-hard Rescuer. Convinced of Linda's ineptitude and thinking she was being helpful, Stella bailed Linda out every time she got into trouble. By constantly alleviating the natural consequences of Linda's choices, Stella's earnest enabling deprived Linda of the opportunity to learn from her mistakes. As a result, Linda came to see herself as increasingly incompetent and grew more dependent on others. Her mother's well-intentioned rescuing sent a crippling message that promoted a life-long Victim stance for Linda.

Since SGV's are often the identified problem in their family, it's natural for them to seek outside professional help first. Often, they are dragged to their first counselling session by distressed family members. SGV's tend to be ever on the lookout for yet another Rescuer, and SGR's abound among helping professionals. In this case, the professional may find themselves inadvertently hooked on the triangle with a practiced, and very convincing, victim. This means the real issue never gets addressed.

Those in primary Victim roles must learn to assume responsibility for themselves and initiate self-care, rather than look outside themselves for a saviour. They must challenge the ingrained belief that they can't take care of themselves if they are to escape the triangle. Instead of seeing themselves as powerless, they must acknowledge their problem solving as well as their leadership capabilities.

For it is true that no matter who may try to "save us," as a SGV – no matter how much money they give or how sincere our intentions to "do better" may be, playing the part of victim always leads to only one place – straight back to Victim. It's an endless cycle of feeling defeated and worthless. There is no escape except to take total responsibility for our own feelings, thoughts and reactions.

The broken initiation mechanism has gained such a foothold, that the perpetrator-victim-rescuer game has perpetuated itself into the core initiation myth. It is hard to say if this is the cause or the consequence of the disaster, or if it is simply the expression of a self-reinforcing vicious cycle.

While a natural initiation has always been about growing up alone in the face of danger, modern initiation myths revolve around the saviour who saves victims in battles against the offender. The "Hero's journey" usually leads to a half way world in which he encounters his own repressed feelings in the form of the negative qualities of his antagonist. By following this antagonist into the "lion's den", and beating him there with his own weapons, the

previously repressed feelings are internalized and thereby become a bit more viable. It is mostly on the deep psychology level within the initiation myths that an expected liberation of all awakening sexuality from associated emotional blockages can prevent or cure impotence. The most frequent topics are based on suppressed aggression (Dr. Jekyll and Mr. Hyde), suppressed fear of death (Dracula) and repressed destructive fantasies even, more fitting the term dissociation fantasies (Frankenstein), would arise when a toddler does not experience physical contact, and learns to speak before it got to know his body as an inseparable unit.

The curative power of these initiation myths on sexuality is impressive. It is not for nothing that most Hollywood productions follow this basic scheme, as the price for this healing is great. The reason for this is been, that the myth only works when it comes between the culprit and saviour for the showdown.

Myths are not just stories. We originally come from an oral tradition, and the reflex of learning these stories is still alive in us. This is the reason for the violent excesses we have to live through. If this is to end, we must heal our personal myths. We must leave the playing field, each one from the position we are in, and initiate ourselves, and our children, into adulthood, without showdown.

What we need to examine here, and which may look very differently from person to person, are the concepts of courage and dread we carry within us. There are three types of anxiety: A healthy instinct warning us of a danger, and which holds us back if we are not up to a dangerous task. This fear is vital. My firstborn said in the face of such a challenge: "Daddy, Aaron better fear". The second form of fear is the fear of being punished by the parents or the shadow parents, "God" or the "State". This fear is an expression of limited self-responsibility and it dies in the course of the initiation. Who feels this fear should go in search of a suitable initiation ritual. There is also a third form of fear: this forms the gates of fear leading to healing. It is a fear to feel, not a fear to face reality. Those who encounter this form of fear can use these gates to go through them into a place of healing.

We only need courage for the last form of fear. For the two other forms are in opposition to arrogance and defiance, and both are not particularly good counsellors.

This chapter again requires an afterthought on the topic of demons. Those who had the misfortune to fall victim to a ritualistic mutilation ritual (circumcision), most likely have a spider infestation, on this trauma. Just as the snake used to regulate the flow of information in the mental field to create a world through cognitive dissonance and magic from creation, so a spider is to be found in control of the second chakra. Chakras within the emotional body, can cause emotional blockages, and in return bring in fake emotions. So, partner choices can be manipulated by playing on sexual attraction. And therefore, this is probably the most devastating effect. Any type of feelings can be blocked, which are not supportive to the offender, victim, saviour scheme. This is an act of blackmail. Any person who is cut off from his true feelings by a spider's presence, desires nothing more than to be able to feel. In such a situation, it is unlikely for anything having an impact on feelings to be questioned. It is no coincidence that the Jewish culture is trapped like no other in this victim-perpetrator swing. It is circumcision, Brit Mila, the Covenant, in plain English "the deal" that narrows and falsifies the view of reality.

There is a simple means of self-diagnosis to determine if there is a given spider infestation. The exercise begins according to age, with one or two weeks of sexual abstinence. Then, it should be easy, without pornographic aids to test the limits of pure physical pleasure through masturbation. This should be done specifically without sexual fantasies. Simply by "petting", preferably wet, sliding, and the focus on the pleasant feelings triggered by them. After that, after a week or two, just to have a similar need situation, you can sleep with someone you love and desire. Be honest with yourself: was there a difference in physical sensibility? If not, then there is likely to be a spider sitting in the sexual chakra. If the masturbation has felt like a surge in a total lull, and the real act like a storm, then so far everything is fine.

The path of healing is about an affirmation. "I would rather choose an impotent or frigid approach to the healing of my trauma than to have demonized sex." This is the dissolution, the repudiation of the "deal", which was usually unconsciously entered into with the spider.

7. Malnutrition and transhumanism

Mens sana incorpera sano –

reduced quote from the satires of the Roman poet Juvenal

... is usually translated as "a healthy mind can only live in a healthy body". However, Latin is not so defined in terms of the causal link. Let us say there is a correlation between poisoning and mental illness. From experience we know that poisons can be neurotoxic and lead to mental derangements. Conversely, emotional blockages caused by trauma lead to the incorporation of non-metabolized messenger substances into physical poisoning. If this circumstance is to be reversed, i.e. when I bother to cleanse my organs, any emotions stored in them are released again, which then, for example, manifests during a herbal-based renal cure in form of spontaneous emotional outbursts – i.e. solves the blockade. The kidneys store, in other words, unshed tears; for the liver rage, bile, resentment. The opposite way is also known. If mental blockages are therapeutically worked up, detoxication also spontaneously occurs on a physical level.

These verifications and detoxications are therefore part of our natural emotional life, the toxins are the long-term memory of emotions, – here we can choose whether we solve the problem through mental processes or through physical detoxication. However, another part of the poisoning comes from cultural bad habits. We cannot psychotherapeutically make sense of them because they have no psychological or emotional cause. Nevertheless, they have psychological effects. This is why most psychotherapists find their patients to be hard nuts to crack. The causes of most psychoses and neuroses known today are not psychic in nature and cannot be solved psychologically. We have to clarify it on a physical level.

The first thing we can do here is to unearth the points in the history of our evolution as a humanity, in which the bad habit to poison ourselves started. And, through an inner knowledge of how it once was, to choose and return to a healthy life. The second step will then be to eliminate the part of the damage, which cannot be remedied by eliminating the cause of the poisoning, through special cure or detoxication treatments.

With what will follow, to the best of my knowledge and belief, I would like to present to you a list of these missteps and the implied solutions...

Bit in the grass

Today our way of life is based on the consumption of cereals. The cereal replaced acorns, beechnuts, chestnuts, monkey bread, annatto, cedar and pine nuts and all sorts of other nuts as carbohydrate supplier. We are trying to make up for the fact that we are not really ruminants by pre-fermenting the grain with yeast and sourdough to facilitate its digestion. Nevertheless, the nutrient content of cereals that can be used by us, especially in the case of trace elements and bitter substances, is far too small compared to our original diet. For example, on how unhealthy cereals are, can be seen from the fact that tooth decay can heal on its own, and the tooth enamel can regenerate itself. However, the abandonment of grain is a necessary condition for this. With wheat, rye and barley, the gluten that these cereals contain makes the intestinal walls porous, allowing various proteins to enter the bloodstream. This has turned out to be the cause of a whole series of autoimmune diseases.

Grain consumption thus leads to malnutrition. It would be too easy to argue that we eat meat for that. But it is true that we feel a greater need for meat when we are malnourished. It is also true that most people lose the need for meat when they forego grain and feed on full-bodied seeds. Meat eaters have, as we know, a shorter life expectancy. The most likely reason for this is that meat in our long vegetarian casing goes into decay when, before the end of the full digestion (24 hours), we again eat something vegetarian, which releases corresponding body poisons.

Pour out with the bath

Until about 1000 AD, it was known that the worst could be averted if the body was regularly de-acidified and detoxified by extensive base baths. For the then usual bathing cures, one stayed for days in the alkaline bath water. But then the church discovered that sin, shame, and indulgence could make good money, and forbade and banned nudity and bathing in their sphere of influence. Thus began, in time and partly also causally, in Europe, the dark Middle Ages with disease, poverty and pestilence.

Backwater

The next blow to our health took place around 1850 with the widespread installation of water pipes. In any case, at the turn of the twentieth century in Europe there was an investigation to find out in the interest of public health why a number of major European cities did not know about cancer. And that was exactly the result: the common denominator for public health was the lack of an industrial water supply. As long as people drew water from springs, wells, or open canals, they did not know cancer. This is related to the cluster structure of water being moved under pressure. Healthy water carries so-called stable cluster structures in itself. These are hollow spheres and dynamic torus-shaped structures, which when entering the body unfold transport capacity to bring into the body both nutrients as well as flushing out pollutants before they cause secondary intoxications. That is why it is important to drink pure water in addition to tea and fruit juices, as tea and fruit juices already have the function of a nutritional agent, and thus no detoxication capacity is available. Of course, this only applies to healthy water. The quality can be measured in "percent stable cluster structures". Tap water has no such structures. Healing water from Lourdes has 0.1%, Grandeur-water® 1%. The highest values I encountered was the water which was activated with activators by the company Pleroma, which using a three-step activation up to 5%. I feel this while drinking it. The Adam's apple moves with tap, like with backwater up against the swallowing movement and closes the throat, unlike with spring water, where the throat opens and it goes "down like oil". How much this actually healthy reflex has changed our consumer behaviour, anyone knows from his own experience: we drink tea, coffee, soft drinks or sodas to drown out the cry of our body refusing to take this dead water. To remedy this, you can use a whole range of technical solutions. Faucet attachments that swirl the water when tapped, – this dissolves the compression of the cluster chains under pressure. However, one should be aware that so newly informed water takes the current astrological constellation as information and passes it on to the body, which is a bit like experimenting with homeopathic globules whose effects one does not know. There are stand filters that not only filter out pollutants, but also reformulate the energetic and cluster quality over crystal layers, which comes very close to the natural process. And, there are activators like those of Pleroma, which also work with crystals addressing the cluster structure, but in addition can transmit very specific healing effects on water.

Fertilizers

Then, modernity moved into the fields. Artificial fertilizer with nitrates signals nutrient surplus to the soil microbes and reduces the microbial life in the soil from an average of 12 ton/ha to 800 kg. Correspondingly less mineral substrate is being worked up by the soil bacteria, a correspondingly lesser amount of minerals and trace elements are in the crops. Our most important detoxication organ, the liver, needs minerals and trace elements. If it does not get these, the liver first pulls minerals from the spine, which is why there are so many herniated discs around. And, ultimately, it stops working properly and the body gets poisoned, or it begins to draw on so-called diseases as secondary detoxication mechanisms. Perhaps, it helps to realize that the advent of synthetic fertilizer began after World War II, largely because ammunition factories were seeking new customers for the phosphate chemistry they produced.

Oversalting the soup

Salt value was outweighed in ancient times by gold. Without salt, there was no life in the interior of the great continents. Sea salt contains all 83 trace elements necessary for the body, exactly in the concentration in which these elements are also found in the body itself. As such, this mineral composition has not changed since the time in which the first amphibians rose from the sea. Refined salt is deprived of all these trace minerals, it is reduced to Na Cl, in the worst case added fluorine and iodine-based poisons. In other words, these fluorine and iodine compounds cannot, and will not, be metabolized by our body. The resulting effect is the demineralization of our body. As soon as we demineralize in such a manner, the body announces salt hunger. We take more of the refined table salt, an average of 20 grams per day in the West. The pure Na Cl is then quickly over-represented. However, the body can only dispose of up to 8 grams of Na Cl per day, the rest we deposited in joints, arteries and fatty tissues.

The serpents around the healer-staff

The emergency programs to help the body to solve this poisoning are not pleasant. The toxins are released by inflammatory processes, concentrated and excreted through the skin or mucous membranes. When this becomes a lost case, the poisons get encapsulated. The cells that carry the largest poison load initiate a special biological program. This is what we call cancer. Pain attracts our attention as well as life energy to the diseased parts of the body and is therefore a basic condition of any healing process. Historically, modern medicine is issued of a tradition of field hospitals, that is about sewing everything together in order to get fit for combat asap, and therefore with an intention to suppress pain or other symptoms. This is just the incorrect approach in two ways: it suppresses the healing and self-purification processes, and adds additional pollutants in the form of medications. This criticism is directed in particular towards vaccinations, antibiotics, chemo- and radiotherapy as well as painkillers and antipyretics.

Monsanto & Co.

Just as pharmacy damages people, modern agriculture damages the quality of food. What we call pests eat sick plants, moulds compost sick, dying or already dead biomass, and weeds metabolize putrefaction in the soil. With pesticides, fungicides and herbicides, we destroy the self-regulatory capacity of nature and add poisons to the system, just like in human medicine.

Why our corpses stopped to decompose?

And furthermore, these inferior crops are also chemically preserved for trade, in order for microbes not to be able to spoil them on the shelves. This results in our incapacity to no longer digest any of it, too. In the 80s, the duration a dead human had to spend underground before a grave could be recycled, had to be extended from 25 to 40 years. Insomuch as even our bodies do not rot anymore. The use of preservatives is fatal in two ways: through the direct poisoning that disturbs our intestinal flora and the rest of the microbiome, but also because the traditional diet of fermented vegetables has disappeared. Natural ferments are the substitute for non-existent rumination, – they ensure that we get all the necessary prebiotics, fulvin and humic acid, choline, and GC proteins.

All in all

We have created a living environment that means that we only get about 1/10 of the vital substances needed. At the same time, we receive a multiplicity of the tolerable poisons. These effects increase because the liver cannot detoxify without nutrients.

It would be possible to understand all this as a chain of unfortunate coincidences, if it was not for the symbol of pharmacy, the healer's staff winded around by serpents, if the universities and politics were not in the hands of black magicians (all the presidents and deans of Europe are Masons, serving Jahbulon the Spider-God. As it was in the dark cults in ancient times, which cut down the oak forests, which turned humanity into carnivores via the blood and fire sacrifices, or forbade bathing in alkaline healing waters. To be a coincidence, these moves are too precisely tuned towards what we know today as transhumanism.

The burden of non-species-appropriate biochemistry in our bodies actually reads like the list of ingredients of the three main transhumanistic concepts that would ultimately connect us as bio-robots to a central AI. These concepts could be back-engineered from environmental analysis, medical and veterinary research and whistle-blower indications. All three concepts are already in use on our entire planet today.

Before I describe these concepts, maybe I should briefly outline again what transhumanism actually is. There are many definitions circulating on the net, here a typical one that includes its most important aspects:

Transhumanism is a "philosophical current that is dedicated to the transformation of man through technical aids directly on and in the body. The goal is a more efficient, intelligent, that is: better person. Transhumanism is committed to the idea of enlightenment and deals with some controversial research in genetic engineering, nanotechnology and artificial intelligence. "

Dr. Christian Weilmeier, Philosoph

In the historical context of the fall, I would suggest a broader definition:

Transhumanism is the biochemical, nanotechnological and genetic modification of the human species, aiming to release humankind from planetary collective consciousness and functionally replace it with a centralized AI. In this framework an artificial "I" is created, that perceives the individual and collective mind control by this AI as it's own will. The proposed interfaces between humans and AI are the biophoton household (from the beginning by the occupation with demons, today also as direct radio control with quantum dots), the central nervous system including piezoelectric elements (neuronal nanobots), and genetics (synthetic RNA).

1. The biophoton's household

The concept has become conspicuous by the spread of Morgellon's disease. Morgellon's disease is a mycosis with a biotechnologically modified fungus⁴⁰. The fungus infects without producing any noticeable symptoms blood, muscle, bones, connective tissue. It becomes conspicuous particularly only in humans with a compromised immune system. There, it takes the form of red and blue mycelium overgrowth in the skin or as fruiting body under the skin, in the lymphatic system and in the gastrointestinal tract. The ones in the gastrointestinal tract have long been misdiagnosed by the patients themselves as intestinal parasites. In most cases, a visible Morgellon infection is based on hyperacidity and heavy metal poisoning. The common resulting pre-existing diseases are KPU, C. albicans candidiasis and Lyme disease. Its causes are a persistent disturbance within the microbiome by antibiotics or hormone therapies.

The fungus is biotechnological insofar that

1. it is designed so that the mycelium plastinates after dying. And/or it hardens into silicates and hollow fibres with a technical function in the body, which remain as such there (expressed in laymanlike terms: the fungal fibres petrified into machine parts). After anecdotal experiences, these plastinated forms can be dissolved with ingesting castor oil.
2. Living and Dead Hollow Fibres accumulate Quantum Dots to form "plasmonic photonic antennae", (in layman's terms, the machine parts are filled with dyes that glow on radio command) and that they are...
3. ... carriers of a secondary genetic cluster, which is implemented by the *Agrobacterium tumefaciens* in the fungus. These genetics uses T-junctions to unify aspects of various species, including human, fruit fly, and other insectoid and/or arachnoid genes, which carry the aspect of swarm awareness. The fruiting bodies morpho genetically replicate the hypothetical embryonic form of these mixed species, while at the same time viable entities develop along these secondary genetics that have the ability to decouple from the fungal tissue, and then to occupy human DNA clusters, i.e. parts of the body. In extrasensory perception, these entities appear spidery. From mythology, we know these types of entities as demons. The term in the context of transhumanism is "co-opted insects". (In layman's terms, the fungi are given

⁴⁰ In this text I refrain from using detailed sources, which can be found in the specialist publications on medical topics. Please refer: http://www.aquarius-technologies.de/download/D_Morgellons.pdf

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

foreign genes by bacilli, which then forces the fungus to grow pseudo bodies, which release demons when dying.))

The system interacts in three ways with the human light body or biophoton household (mental and emotional body):

- Through demonic occupation,
- Through applying radio signals via the quantum dots accumulated in the hollow fibers, which transform external microwave signals in the body into individual photon emissions in the visible range (up conversion), and vice versa,
- Through reading biophotons and converting them into technically readable microwave radiation (down conversion).

Reading in and out together makes it possible to scan, store and replay complex experiences as it would with a tape recorder in one (or all) other body (s).

The quantum dots are airborne and enter the body via the food chain.

If the host separates himself from the co-opted insects, the demons, and defends himself against them, these "demons" appear as a perceived demonic occupation, but alternatively, they can also be assimilated by identification and thus become part of the personality.

2. Central nervous system

The second transhumanist technology has been conspicuous with the Mad Cow Disease epidemic, which broke out in Britain in 1985⁴¹. Here, too, a number of independent factors come together: a given heavy metal load, essentially through mercury, which dissolves the tubulin and thereby exposes the nerve tracts inside the nerves; a systemic deficiency of copper induced by organophosphates, e.g. from Phosmet, an insecticide that was compulsorily administered to all cattle in 1985 in the UK, as well as the presence of bioavailable barium, strontium and the piezoelectric (Ba, Sr_x) TiO₃ nanocrystals. The latter stem from the production of the particle plasmas of missile shield technology, with which NATO protects Europe from Russian rocket attacks. In the course of the disease, the copper-protein-prion nerve chain links dissolve due to the systemic copper deficiency. The then free-roaming protein-prion links re-combine with barium, strontium or iron to form new nerve tissue. This grows on the surfaces of the piezo crystals and so training new neural nodes. Both the new nerve tissue and the piezo crystals are electrosensitive, allowing the nerves to be electromagnetically stimulated from the outside. The concept is called "neuronal nanobots" in transhumanist research. In the overall transhumanistic context, the piezo crystals also have the function of the integrated energy source, since they up-convert infrared from the body heat into the visible range, that is, to the wavelength of the biophoton light body. For this physical ability, the crystals are doped with europium. (Colloquially, one could say: the body is so poisoned and malnourished that the original nerves dissolve and instead grow artificial nerves that are accessible and controllable by radio.)

As already mentioned in the first chapter, there is an external antenna technology for addressing photonic-plasmonic antennas coupled with neuronal nanobots which are in use in the private sector primarily through the phase-array antennas of wireless router and mobile

⁴¹ http://www.aquarius-technologies.de/download/D_Creutzfeldtjakob.pdf

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

phone masts. They locate the head of a person in the room, remember the most frequent resting positions (head end of the bed and head position in the workplace) and occupy these coordinates with targeted directional radio.

3. Genetics

As far as direct human genetics is concerned, there are no abnormalities in the medical or veterinary field. Here, there is only an anonymous testimony of the alleged technical director of the alleged development laboratory at the AIT in Austria, shortly before his death, plagued by remorse, whom had made public the program in which he had worked. The code name used by the secret services would be "Project raven new (German: Rabe neu)". The paper contains a set of data that can be verified, and as far as this review has been made, the paper seems authentic.

The former technical director speaks of the fact that synthetic RNA tied in bundles to lipopeptides has been sprayed in Europe since 2003, the technical term used in his laboratory is "airborne disease". This RNA should behave like a retrovirus, i.e. it nestles in the human genome and rests there passively. From there, if necessary, this RNA may be activated by remote radio control in the microwave range, where the RNA has psychotronic functions, chronic disease-causing or lethal effects. Therefore, this permits an elimination of disgusting dissidents in the medium term, but also creates directly deadly mechanisms such as spontaneous cell death by dumping hydrogen cyanide for acute warfare. The radio codes consist of sine sequences of 8 times 50ms, in the range between 5 and 11 GHz, a frequency band used by the military.

The exact mode of operation at the field level is unknown, but some details from the description of the research program indicate that the cluster of viruses already in the air has the ability to carry and process artificial intelligence. It is unclear to what extent this technology is actually controlled by human hands. Or, whether it must be divided into a backend and a frontend, with the frontend serving directly military and intelligence interests, while the backend is controlled by a non-human species or someone installed on this planet and is controlled by artificial intelligence. In any case, such a system would have the potential to turn any human into a biorobot, or eliminate him in the event of his/its non-functioning.

The most important thing to know about all these technologies is that they are purely binary, i.e. they can interact with thoughts and instincts, but not with the trinary fields that should make up the bulk of our being. This is why the transhumanists, and in their early form the black mages work with mind control and sexual magic, the strongest instinct. That is why our culture aims to hypnotise intelligence, suppress feelings, and confuse us through early sexualization.

To bethink the actual trinary essence is therefore completely sufficient to succeed in excluding attacks on the subordinate binary essence and to recognize them as such.

I have described to you how this can work in detail. It is up to you to integrate this knowledge into your life.

Instead of a practical exercise, I would like to share with you, what came to our minds to solve those things, which do not solve themselves through a simple elimination of the cause.

The first artifice of this kind was a reaction on my first contact with the meteorite Black Goo. I did not have the inner strength to escape its influence and stood there with altered instincts, cold-hearted and extremely irritable. The only idea that came to my mind to resolve this state was the principle of homeopathy, i.e. let like be cured by like. In Africa, it is said that if a snake bites you, it does not matter how many times it snaps shut, the main thing is to catch the damn snake and take it to the hospital so the doctors can choose the right antidote. So, I asked for a chunk of the meteorite, drove to my naturopath and radionics specialist, Ekkehard Sirian Scheller, and we made globules bearing the signature of this Black Goo. The idea worked, the entanglement of my body with the stone dissolved from bottom to top, and when the head was freed something that I had never expected happened: Gaia dived through me. It was as if the soul of a black whale was jumping out of the earth through me. This was my first communication with her, no more than a quick reunion. We have now refined to the third generation of these globules with www.biopure.eu company. There are now countless of very different testimonies of taking them, with the experiences mirroring what each individual has to work through before returning to a connection with our planetary consciousness. You can read these reports in the forum on www.timeloopsolution.de.

The second gimmick was to try to generalize the knowledge we had gained from studying Morgellon's disease. Ekkehard Sirian Scheller had treated many individuals with Morgellons, and there was something of a common denominator in their disease stories: Cryptopyroluria, Candida infection, Lyme disease. The hope was to develop something, which would address the typical disorder in the extracellular environment, i.e. the blood, the lymph and the liver. We hoped it would dissemble this transhumanist technology in the humans and would thereby also reduce the risk of a severe Morgellon infection. The result of this work is available today as Super Zeolith at biopure.eu. Meanwhile, the EU has declared zeolite to be medicine, i.e. our small, prophylactic measure has fallen into illegality, so it is only distributed for "room air harmonization". The third and fourth gimmick came from the idea of offering people an alternative to antibiotics and vaccines. As the synchronicities so play, an ancient Petrolatum from Modena emerged from the sinking, with which in the Middle Ages the plague could be cured, which helped us in combination with dragon tree blood and Artemisia to the development of the White Goo globules; an immune stimulant that has been anecdotally proven in hopeless cases of resistant hospital germs. The Ukrainian army was equally helpful, as it downed on July 17th 2014 the Malaysian Boeing 777 MH 370 with the bodies of the victims of American biological weapons tests on board over Ukraine. These were Asians who had been murdered on Diego Garcia with a weaponised form of the Spanish flu. To curb a possible epidemic, we developed a flu remedy, which put the focus on preventing secondary infections, as these were ultimately so deadly in the Spanish flu. The resources that were to be delivered to the Ukraine at that time were never used, but biopure.eu has now launched a "civilian" version as a spray on the market. It is called eXFluenza, it does not cure influenza, that is, it does not stop the detoxication mechanism, but it reduces the irritative cough so much that you are no longer sore and therefore no secondary infections are to be feared. Then the flu may do what it comes for, namely to detoxify the body via the mucous membranes. Normally I do not want to develop drugs because I would rather let nature go its own course, but considering the damage that vaccines and antibiotics leave behind, it seemed reasonable to provide an alternative.

After we saw anecdotally how the super zeolite affected the liver, the blood and the lymph, the idea developed to cover the entire environmental medicine with a series of dietary

supplements. These would simultaneously contain the radionic information to bring the respective environment back in, and to reset its original state.

Environmental medicine focuses on four different biochemical environments in the human body:

- the intestinal environment (within the gastrointestinal tract)
- the extracellular environment (blood and lymph)
- the interstitial environment (connective tissue fluid)
- the intracellular environment (muscles, nerve tissue & brain)

Each of these biochemical environments have a number of diseases which help to balance it again and to bring about a healthy biochemical status quo. A cold, for example, extracts residues of stress hormones. If this system of self-organization fails, then the order tilts into an unhealthy mode, which in turn can be self-stabilizing. This scheme of self-sustained and therefore often metastable orders is typical of self-organized (nonlinear) systems. This could be a helpful stimulus for conventional medicine, as it almost never thinks in self-regulatory systems. Stabilized disorders can occur in all environments. There are basically emergency programs that ensure that the organs halt their function to temporarily store existing toxins by encapsulation. If this happens in the liver, for example, then the other environments suffer as well. In such a case, then the task of detoxication would be given to other organs such as the kidneys, the skin or the mucous membranes.

To get to know these four fundamental environments, we follow the path of nutrients through the body to find out what can go wrong on any given level.

There are three main harmful mechanisms that can affect the intestinal environment.

- The intestine works like a cheesecloth, and is designed to let only water and completely digested nutrients through. With each meal, the quality of gluten in wheat, rye and barley produces microcracks in the intestinal wall, causing incompletely digested macromolecules to pass through the intestinal wall and enter the bloodstream. In particular, alphagliadine, one of the emerging 33 amino acid macromolecules, which activates the adaptive immune system, which considers this molecule to be penetrating. The problem is that this molecule has a high similarity to the body's own proteins, which means that as long as the penetration of alphagliadine continues, the body also attacks its own cells, mostly in the thyroid and pancreas, but also in the brain. If the diet contains gluten daily, then at some point a limit is exceeded and oral intolerance occurs, and then a single gluten meal is enough to cause a full immune response against the body's own cells for the subsequent 3-6 months. This mechanism and similar mechanisms with other macromolecules have been recognized as the cause of a number of autoimmune diseases⁴². An important irritant is also milk and milk products of A1 cows, especially in homogenised milk.
- The intestinal environment may suffer from toxins such as glyphosate⁴³ and heavy metals from the food chain, as well as toxins, which are returned to the intestine

⁴² O'Brian, Tom: Gluten Thyroid Autoimmune Connection, The 2016 Thyroid Connection Summit, 24th - 30th Oct 2016, day 3-4. Online November 23rd 2017 at

https://www.youtube.com/watch?v=sOdt0iipK5U&ab_channel=IndigoEyes

⁴³ active compound in Roundup, world most used herbicide produced by Monsanto, mandatorily used in the cultivation of GMOs.

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to moniqueglibert@libello.com

through the liver. In response to a poisoned environment, the intestinal walls have the ability to form a layer of mucus, which primarily prevents the absorption of these poisons, then absorbs these poisons to wait for the toxic mucus to drain as soon as the source of given poisoning stops. If this condition is never reached, the intestines form this mucous film, also called biofilm, as a chronic condition, which as a side effect permanently inhibits the absorption of nutrients. In addition, the composition of intestinal microbes can be changed; Glyphosate, for example, kills all probiotic coliforms, leaving only one pathogenic form alive. Within the biofilm, this shifted equilibrium then establishes itself and stabilizes itself.

- As a further side effect, heavy metals concentrated in the intestine transform the intestinal contents into an antenna system, which in particular draws microwave radiation deep into the body. Resonant microwave radiation⁴⁴ disturbs the weak hydrogen bond at the end of the choline molecule, which is responsible for binding nutrients and transporting them through the intestinal wall. With non-functioning choline, the body not only lacks nutrients, but also the choline itself, which is crucial for detoxication and transportation of the neurotransmitters that keep the nervous system functioning. In particular, in the case of zinc and magnesium deficiency, the liver cannot work properly – leading to another vicious circle that reinforces and sustains this chronic state of disorder.

The extracellular environment includes the blood and lymphatic system, with the liver as the organ in which both fluids meet and their biochemistry is regulated. A chronic imbalance in the extracellular system is based on a vicious circle of pathogenic *Candida* forms, which nest within red blood cells. In this way are produced messenger substances that cause the lymphatic flow in the liver to come to a standstill⁴⁵. As soon as the liver becomes inactive, the extracellular environment is acidified and heavy metals accumulate. Thus, is a condition that the pathogenic *Candida* forms love and which makes them thrive. Liver dysfunctions activate the body's secondary detoxication systems, causing hay fever, asthma and atopic dermatitis. *Candida* produces fungal toxins that accumulate in the body and are ultimately extracted by herpes viruses.

Any toxins, which cannot be excreted by the body, also accumulate in the interstitial tissue fluids. Again, the heavy metal load causes electromagnetic fields to penetrate deeper into the tissue, which can increase the reproductive rate of spirochetes (leucorrhea), whose habitat is in the interstitial tissue. Spirochetes consume magnesium and increase the toxic load in the tissue.

The intracellular environment is the next system infiltrated by the toxins. The intracellular system has a high molecular order, which builds up from the DNA, via the RNA, to the proteins that are produced by the RNA, and from there, into the cluster structure of the surrounding cell water. In its healthy state, this water shows in its order a resolution that reaches down to the individual water molecule. The result is cell water plasma that can switch between a gel and a liquid structure, controlled by the proteins⁴⁶. This so-called "fourth

⁴⁴ Molecules often behave like springs, i.e. they have a resonant frequency where they can vibrate and absorb energy. As in the world of mechanics, this can lead to resonance disasters, which can lead to a break in the molecular compound. Absorption of waves therefore depends on the frequency.

⁴⁵ Ekkehard Sirian Scheller: *Candidalismus - Getarnte Systeme erkannt, Gefahr gebannt. Ursache unendlich vieler Krankheiten und eine "infopathische" Lösung*. 7th edition. Jim Humble Verlag 2015. In German & Spanish only.

⁴⁶ Pollack GH. *Cells, gels and the engines of life; a new unifying approach to cell function*, Ebner and Sons Publishers, Washington, 2001. Vergleich auch <http://www.i-sis.org.uk/TIOCW.php>, online am 3.12.2016.

© public domain, donations via paypal are welcome, for the author to kautzvilla@gmail.com, for the translation to monieuglibert@libello.com

state" of water can include liquid crystal or Bose-Einstein condensate-like mega clusters involving up to 1.2 million individual molecules. The main cause of disorder in these highly organized biochemical nanomachines are toxins, foreign DNA and RNA, and, once again, resonant microwave radiation. These radiations disturb the order of the cluster structure of cell water through the solution, and arbitrary recombination of hydrogen bonds and / or through the destruction of proteins, by thermal effects on the membranes. Most studies on the compatibility of microwave signals measure the increase in tissue temperature, with the premise that a 2-3 degree increase in temperature is equivalent to a local fever and is not harmful. This reading ignores the fact that this is an average temperature boost. Depending on the frequency, the conversion of radiation into heat can take place in different areas of the cell. At 2.45 GHz, it is directly at the water molecule levels, since water absorbs this frequency. This is the most important wireless and smart meter frequency. Or it happens on proteins, on RNA and DNA in a multi-layered range of resonance frequencies from kHz to around THz range⁴⁷. If the heating occurs, predominantly at the membranes levels or in the cell nucleus as a result of these resonance frequencies, significantly higher temperatures can locally occur with an averaged temperature increase of 2-3°.

The term microbiome⁴⁸ has been introduced to describe the collaboration of fungi, spirochetes, bacteria, viruses and retroviruses in the human body. They all carry DNA and RNA. Thus, they have the ability to communicate with human DNA via biophotons, as well as the ability to influence the order in the cells from the highest possible level of the hierarchy of self-organization. This is what gene expression is all about. The mechanism by which both human and foreign genes express themselves is regulated by methylation. In certain cases, it appears that the trigger causing the explosive multiplication of microbes is sent by the body "intentionally" to create inflammation as an immune stimulant and/or to activate detoxication mechanisms, such as herpesviruses. The task is to collect and excrete fungal toxins through the skin. So far, this is a natural reaction of the environment to a biochemical challenge. To package this concept into a simple formula: Poisoning is the cause of the disease. The virus or bacterium, which is activated, forms the disease, or symptoms by gene expression, in a way that is beneficial to the overall system. So diseases promote healing.

However, there is a new class of retroviruses. It is suspected that they have been created by airborne contamination in the manufacture of vaccines. There is a suspicion for them to be derived from viral strains originally coming from laboratory mice with genetic immunodeficiency. They are said to have contaminated the laboratory air and then infected human cell cultures where they have mutated or crossed with human viruses. So, they should have become what are today called XMRV retroviruses⁴⁹. These viral strains have been implicated in chronic fatigue syndrome, autism, Lou Gehrig's disease, treatment-resistant Lyme disease, and Parkinson's disease. The infection rate in the American population is 6-8 percent. The problem with these new pathogens is that they can be activated by increased levels of toxins in the body, which looks like a remnant of a meaningful biological response, but, through their artificial history, these viruses do not produce meaningful symptoms that

⁴⁷ Irena Cosic, Drasko Cosic and Katarina Lazar: Is it possible to predict electromagnetic resonances in proteins, DNA and RNA? EPJ Nonlinear Biomedical Physics 2015 3:5 DOI: 10.1140/epjnbp/s40366-015-0020-6

⁴⁸ <http://www.hmpdacc.org/>

⁴⁹ John P. Thomas: Vaccines and Retroviruses: A Whistleblower Reveals What the Government is Hiding. Health Impact News. Online November 25th 2016 at: <https://healthimpactnews.com/2015/vaccines-and-retroviruses-a-whistleblower-reveals-what-the-government-is-hiding/>

would be suitable to help the body to deal with the problem of poisoning. Therefore, they only produce destructive symptoms, which manifest themselves as chronic and often fatal diseases.

Cancer, which also follows this pathogenesis, is one of the natural diseases. The disease, which may have multiple causes, could be considered at the abstract level, as the final stage of the loss of order on cellular level. Cancer is also associated with infection with certain pathogens. And, these pathogens apparently have the genetic/morphogenetic task to exclude single cells by switching from aerobic combustion to fermentation from the overall order. Normally, such a cell is immediately destroyed by the immune system. If this does not happen or does not happen fast enough, these cells establish their own order at the macroscopic level, i.e. they grow into a tumour. An indication that this approach might be interesting is found in the fact that tumours can cause the healthy surrounding tissue to build up a blood supply to the said tumour. Obviously, the tumour manages to override the morphogenesis of the body at this point with its own morphogenesis, with the goal of fulfilling its own needs. Against the background of this understanding, it seems sensible to stem tumour growth by reducing the toxic load in the cells to give the immune system a chance to catch up, while true healing is only achieved if the microbes that marked the cells could be eliminated, which, then leads to a reverse transmutation in healthy tissue.

In terms of nutrition, it can be summed up to say that there are two basic nutrients that, although they have no independent function, but are important as starting material in many biochemical processes. These are sulphur and vitamin C. Apart from sulphur, which is found in eggs, garlic, ginger, turmeric and broccoli sprouts, or can be taken as a dietary supplement in the form of MSM, and ascorbate, which are taken in high dosages depending on the severity of the toxic load. There are a number of other substances that are essential for the vitality of the immune system: These are zinc, selenium, magnesium, vitamin B, vitamin E, vitamin K 2 and omega 3 fatty acids. It makes little sense here to look closely into biochemistry. This list comes from practice and can be derived both by deficit syndromes, and by extraordinary healing success with appropriate nutritional supplementation. The largest possible precursor of glutathione, which can still pass through the intestinal walls, as mentioned above, is N-acetyl cysteine, which can either be produced by natural fermentation or taken directly as a dietary supplement.

With this basic understanding it becomes possible to propose a diet-based concept to prevent malnutrition and to prevent neurodegenerative and autoimmune diseases.

In order to come up with a "must-eat" list of foods, we focus on foods, which contain missing nutrients as well as foods that are known to be helpful in detoxifying certain substances. Both are taken from the standard literature. The considerations relate to the most important biochemical pathways and pollutants. The italics are ultimately those that are on the menu.

- Organophosphate, glyphosate & dioxin detoxication (*oregano, thyme and lemon oil*)
- Basic sulphur supply to enable vigorous fermentation and cysteine production (*contained in eggs, garlic, turmeric, ginger, broccoli seed sprouts or as a dietary supplement in MSM*), as well as vitamin B (*lamb's lettuce, oysters, chicken broth*) and E (*greenshank sprouts, Avocado, paprika*) necessary for the synthesis and recycling of glutathione.
- Natural ferments of proteins that deliver GCmaf (with effective microorganisms (EM) (*directly from EMIKO, or EM-processed products like Manju*) or as an alternative bacterial strain even more adapted to human medicine, (BRAVO products)

- The basic supply of the most important vitamins, Mg, Zn, Se & Omega-3 (*nuts, nut oils, turmeric, cayenne pepper, pepper, palm oil*)
- Whilst a full-fledged diet is also a catalyst for detoxication at the same time, it is important to protect the bones and joints with glucosamine sulphate and/or chondroitin, otherwise they could be sacrificed to neutralize acids from the body. These substances are present in seafood (*with shells*) or in bone soup. Bullrich's salt can be used to neutralize acids, but it is not suitable for continuous use because it can lead to calcification.
- At the same time, the intake of gluten and dairy products is contraindicated because it is not good for the adaptive immune system to be stimulated by macromolecules. Refined sugar is also contraindicated because it is promoting candida growth.

Nutrient supply and detoxication can be clocked rhythmically, one day nutrient intake, one day excretion. After reviewing the nutrient levels, it was possible to reduce the concept to a basic diet plan based on continuous consumption of pre-fermented vegetables with active cultures, as well as alternating intake of spicy foods with turmeric, pepper, cayenne, palm oil for toxins mobilize and pesto with oregano, thyme, walnuts, Brazil nuts, pine nuts, linseed and avocado oil to promote detoxication through the skin. The fermentation can be easily made at home, either with the help of Effective Microorganisms or with BRAVO cultures with the aid of 2% MSM as a fermentation aid, the MSM then delivers exactly the amount of sulphur that can be converted into organic complexes.

What is often forgotten, although it plays an important role, is the drinking of sufficient amounts of good water. It is best to start with half a litre right after getting up in the morning. The cluster structure is decisive here. Tap water is in a state of 3-dimensional giant cluster. The body needs time and energy to dissolve these clusters in order to produce cell water quality from the water. Spring water, on the other hand, consists of short-chain cluster chains that are optimally suited for the body, as well as small permille of hollow spheres and toroidal vortices, which are crucial for the transport capacity of the water. 3 litres per day are a healthy measure.

As a further possible treatment method or even as a "checksum", the recommendation of the Bulgarian doctor Prof. Hristo Mermerski can be taken. He has reached similar considerations, and recommends taking a fermented food from lemons (partly with peel) honey, garlic, walnut and sprouted green kernel. According to various reports, this food is said to help cure cancer. Complementing this is the idea to process sprouted grain, a concept that comes into play with Essenes bread, or "Essene type", and the probiotic effect of honey or bee products.

To re-examine whether everything has been thought through, this list will be matched with the work of Tom O'Brian, who also considers diet and colon cleansing as key ingredients in the prevention of lifestyle diseases. His recommendations stem from the study of autoimmune diseases. He recommends a mixture of pre-biotics, pro-biotics, especially in the form of fermented (lactose-pickled) vegetables with active cultures, glutamine, turmeric, vitamin D (during the intestinal rehabilitation phase important for the regulation of the closing mechanisms of the cells that regulate nutrient uptake), Cod liver oil and colostrum (there is an almost casein-free form supplied by GS-Immuno Restore). Obviously, O'Brian does not consider the possible formation of a biofilm. However, his concept is very similar to the diet

presented in this text. The only suggestions, which were not been thought of previously, are colostrum and glutamine. Colostrum has the task of activating the genes, which are crucial for the intestinal function. This may be especially helpful for patients who did not receive breastmilk immediately after birth. Glutamine is an amino acid, which is important for many body functions. Glutamine is produced in the liver from glutamic acid. The natural sources are meat, dairy, wheat, oats and vegetables. We should take this into account when, for other reasons, a vegan diet is indicated. It may therefore be helpful to ensure a daily intake of oats and vegetables to ensure the supply of glutamine and sufficient plant proteins; or you take the glutamine as a dietary supplement.

If you look at it closely, the diet been proposed here is nothing more than our original diet, rich in bitter herbs, roots, oilseeds and probiotic ferments. The food should be grown in organic quality, and consumption of meat, dairy, refined sugar, coffee and alcohol should be avoided. In addition, the diet should be as anti-oxidative (*garlic*⁵⁰) and alkaline (*green tea, broccoli*) as possible.

To complete the program around this staple diet, try Ty's Conscious Kitchen and their "electric, alkaline dishes."⁵¹

Please note that there is a difference between the need for food and an existing addiction to certain foods. Sugar, coffee and alcohol are officially addictive substances. But we also know an addiction to meat, which is mainly caused by glutamate, which is produced when roasting and grilling at high temperatures. Apart from that, there is still a healthy instinct that makes us want to eat meat before we starve to death. With the nutrient-low to nutrient-free industrial foods available in the supermarket, the body has no choice but to develop a need for meat. All you have to understand is that this is not because we need meat, but because the vegetarian diet we consume contains little or no nutrients. The ratio in nutrient content between industrially produced food and organic quality is today 1:10 on average⁵². Once the food you eat is nutrient-rich, the hunger for meat disappears by itself for most people.

So far here is a summary of the medical knowledge that makes up the environmental medicine, as well as my thoughts on a healthy diet.

In order to remedy already done damage, which persists even when the cause of the misalignment has been eliminated, there was still a lack of means and ways for intestinal cleansing & heavy metal removal, as well as for the healing of the interstitial environment, and the intracellular environment. QuinteX, a humic acid-based agent for heavy metal extraction, was developed for the rehabilitation of the intestines. It combines the successful concept of Humet-R with the radionics of Scheller's 3-pillar therapy. Humet-R was or is a Hungarian means banished by the EU from the European market. It followed the same concept as quinteX, except that it uses no natural ingredients and no radionics. Check if it is available at biopure.eu, there are/were problems with the production, if it is not available, you can produce it yourself mixing turf-tee traded by sonnenmoor.at, or alternatively self-made alder-cone-tee, chaga, propolis and unrefined cane sugar, sterilizing it at 70 °spot. For the

⁵⁰ Garlic contains a list of toxins and is therefore discussed controversially. However, the problem can be avoided if it is crushed before cooking or eating and allowed to oxidize in the air for 3-5 minutes.

⁵¹ <http://www.tysconsciouskitchen.com/>

⁵² <http://www.gesundheitlicheaufklaerung.de/obst-gemuese-verlieren-a-naehrstoffen>

© public domain, donations via paypal are welcome, for the author to kautzvella@gmail.com, for the translation to moniqueglibert@libello.com

intracellular environment we developed juVenilum, especially designed to rebuild the neuronal nanobots that are responsible for the degenerative age diseases. It has as a basis Manju, an EM ferment of green algae and green papaya. Radionics is specially designed for reversing transhumanistic technologies, in particular by indicating that all components in the immune system are foreign bodies. In the interstitial environment, i.e. in the area of connective tissue fluids, we have concluded that it is enough to drink a lot of living water, so I would simply recommend the best-known water activator here: the system is called Pleroma and is in Germany www.its-wasser.de available. Pleroma treated, filtered tap water from my tap has a share of stable clusters of 5%, a redox potential of -170mV, carries no technical frequencies, but 17,000 Bovis units and tastes like spring water directly from a stream in the Rocky Mountains. I want to be open and honest: if you order something there, and refer to me as the one who directed you there, then we will receive percentages. By comparison, the underlying tap water has zero bovine units, zero redox potential, over 20 harmful frequencies, and no stable cluster structures.

In a healthy body lives a healthy mind. As you go down this path, cleansing your temple, you will soon reach an energetic state that unpleasantly strikes the dark side. Something the dark side does not like, and it could start harassing you and trying to energetically pull you down again.

My loved one and I protect ourselves against it with this protective field. The protective field is free to use, it is the last practical exercise you can do to increase the love on this planet.

Protective force field

Due to the increasing number of attacks by the dark forces, my ancestors once gave me an energetic protective field. This is such a wonderful gift that it should be spread. This protective field has proved itself countless times over thousands of years, has been repeatedly tested over the last few years, has been adapted and perfected to our present day. It has saved my life several times already. What is simply used here is one of our inviolable, unavoidable laws of nature:

"Anything I send out will come back to me in any way, any pathway, or any other form."

Through the protective field is the *"in any way, any pathway"*, overruled, the law of nature intervenes IMMEDIATELY and not *"any other form"* but in loving, peaceful and healing form.

The protective field is created by visualization with affirmations. Through an affirmation, the source of the maliciously used force on the attacker's side is immediately transmuted into love, compassion and healing!

In addition, as you can read in the first affirmation, this protective field also brings healing to us.

So, with your peaceful, 24/7 protection, you can spread love, compassion and healing on our planet and help increase peace! ☺

Instructions for the construction of the protective force field:

You stand in your house or apartment in an attitude that you would take for a prayer, and **ask** your **helping and compassionate spirits, Angels or Light Beings** (whoever your soul-level companions are) to **protect and support you with their presence**.

The protective field is spherical and completely golden.

The protective field is visualized at a distance of about 2-3 meters around you. It is a closed, geometrically uniform, golden sphere-like field, and as flexible as if it were made of a rubber membrane. The flexibility is important both to withstand possible attacks, as well as to prevent damage to the field by movement in the interior thereof.

It is very beneficial to simultaneously draw this protective field as a movement with both arms and hands in the air around you. The arms move from top to bottom or vice versa (depending on your feelings), in a circle until it is closed (up or down). While the arms are working in a circle, visualize **an emerging 3D sphere** by repeating the build time 4, each time to the north, east, south, and west until the sphere / protection is complete and stable in your imagination, with the golden colour fill. You also rotate physically clockwise 4 times in your respective directions until you are back in the starting position. In addition, the effectiveness of the force field is much stronger if you have your affirmations printed during construction either next to you in the field of vision or creating a skin contact onto the body.

From the starting position, while you draw the first circle, you speak loudly, or mentally, the first time, the following affirmation with, and then again in each further direction, so altogether 4 times until the 3D ball is finished. You can use and possibly also include the Name of your family members, flatmate, etc.:

Affirmation:

" Any malicious or self-serving energetic docking(orientation), manipulation, assault, or espionage against this force field, on or within the force field against my loved ones (List children, husband, friend etc. by name) or me is made or proceeds from me / us, goes back to its origin without result and immediately transmutes its source in love, compassion and healing! "

Then, a second, separate, but solid ball is pulled around the first ball once, with the visualization that this ball has a mirroring to the outside!

In your original starting position, you visualize (you draw again with both arms), this time, however, **at the same time in all four directions**, a second, solid ball around the first ball, leaving between the two balls in your visualization a gap of 1 to max. 3cms. While you draw the second ball, **visualize also the mirroring onto the outside** and install within the space below.

Affirmation:

"Everything that is within the force field, and everything that is been therein thought, said, made, heard, seen, smelled, tasted, felt in it, is intuitively completely deinterleaved, and completely invisible, inaudible, impalpable, unmeasurable, masked before the dark.

All unnatural - artificially created, harmful radiation and frequencies are completely undocked and neutralized. Any radiation efficacies within the force field are completely harmonious and peacefully balanced! "

The second mirrored sphere revolves constantly changing, incalculable, at different times in different directions around an imaginary centre.

After the second ball is closed with its affirmation, you put it in rotation. To do this, you simply push them (with your hand), visualizing them rotating in a different direction for each ritual.

Finally, you extend both arms sideways, with the palms outwards and "blow the ball all around" / visualize a uniform expansion of your round protective field until the entire apartment (balcony) or the entire house (garden) enclosed by the protective field is. Thank your helpers for their presence. and your protection is done ☺

Since there is a gap between the first and the second ball drawn around, the turning of the outer ball has only an influence on the outside, which results in an extreme protective reinforcement!

As soon as the second ball has been set in rotation, the two separately drawn fields combine to form an energy protective field unit.

Thus, despite different protective functions, the affirmations have an effect on the whole. After all, this is an integrated field of protection, which, as been clear from the affirmations, **exclusively** keeps the malicious off and away!

For protection around the clock, the protective field must be consolidated at least every 12 hours, which you do by repeating the entire ritual at least each and every 12 hours.

It is important that any further consolidation of the protective field to be completed again and again at a distance of 2 to 3 meters around you, and finally extended to its required size. So you build up within the still existing protective field the consolidation of it, whereby any creeping malicious energies is kept off from the outside.

When to expand your intention is absolutely sufficient, if you also get a feeling or a picture. This is good, but not absolutely necessary.

During the entire ritual, also pay attention to your feelings, they should express that within the protective field all living beings are located in a space of love, safety, security and peace!

The only decisive factor is your good intention, and then you can be sure that the protective field will fulfil its purpose with you!

Important information on the use of the protective field:

Since the protective field is active on the 12 hours before it slowly dissolves, you make the ritual twice a day, which should necessitate about 2 x 2 minutes.

Of course, you can set up the protective field as often as you like every day, and the next 12 hours will always be active. So, consolidate it at the earliest, too.

If you have practiced, it is sometimes possible to stabilize the protective field from a distance. However, you must also imagine for this visualization of a protective field structure, that you are standing in your usual place, or somewhere in your apartment / your house while you consolidate your protective field.

The ritual of building a protective field for someone in another place is a different ritual from what has been described here. It requires among other things, Self-protection practices which are not listed here. On the one hand, to act for someone else without consent would be irresponsible. And on the other hand, to build a protective field for someone else without enough self-protection skills would be reckless.

When someone leaves the protective force field, this person who exits the field takes part of the protective field. The entrained protective field encompasses the respective aura of the being. Since the protective field does not divide in such moments, but multiplies, the protective power of each individual field remains unchanged. In other words, humans or animals who come in and out of our field do not need to be protected separately, and nonetheless is/are fully protected. This protective field around the living creature lasts as long

as the originally placed protective field, which was placed around the property / house / apartment.

The effect of the protective force field is only aimed at malicious and self-serving attacks. That Seers or healers with good, unselfish intentions can easily look into your protective field and also act. Therefore, if you ask a friend or a friend (a well-known person) with your own intent in your protective field, you do not need to change anything, because these are only loving energies in the protective field anyway.

If you seek help from an unfamiliar seer or healer, they first look for the source of your problem, which amounts to espionage, and if you did not open the field to him / her, his / her findings are falsified or she / he cannot see anything. This is what I could see through self-awareness, when I forgot to open my protective field for someone.

In such a case, you build the protective force field first with the usual affirmation, which you at the end, for example. add the following addition (of course in all 4 directions): "**I allow my protective field to open for (name) and authorize Him to do (this or that, whatever your request is) ...**", but also restrictions like: "**... she / he may only look, any other action is forbidden ...**"; "**... for so and so long ...**" etc." are feasible and also recommended.

After approval and completion of the work, it is very important to close your protective field, by repeating the customary ritual with its affirmations (without permission).

Even if friends, relatives, birthday guests or seminar participants can be protected with it, not everyone must be mentioned by name during the affirmation. After you have listed yourself and possibly the names of your loved ones, you simply say, for example.: **... against my friends / guests / relatives ... or ... is made against the seminar attendees present here or goes out from us, goes back to the original sender without any real results and ...** (continue as usual).

It is still possible that, despite regular construction of the protective force field, an attack may come through. For example, if you open yourself to a friend who does not protect himself, hence is unprotected.

Unfortunately, unprotected people, mostly without their knowledge or without noticing it, and often only for a short time, are used by the dark to implement their malicious machinations. Going into detail here would go beyond the scope of this essay. Through such a form of use, it can, despite any protective field, come to the attack. Regular users of the protective field feel this immediately, even before an attack (or a touch) can occur. It feels like the protective field is vibrating around us or even starting to be extremely twitchy.

So, if you confidently let **someone with malicious intentions** into your protection (for example with a welcoming hug), you are deactivating your protection from the one at that moment.

I have been repeatedly told that an immediate rebuilding of the protective force field has neutralized the attack or energetic docking. I would also suggest this or some other protection to the person who is being used, for his own sake and for the protection of his loved ones and

all the other people with whom he surrounds himself daily. If you refuse to protect yourself or in case of doubt, avoid any form of touch to stay protected.

As you can see, it is possible and desirable to be creative on this basis, since it is time for each and every one of us to become self-reliant!

In this sense, you are welcome, and you should also distribute this wonderful gift further!